

Chronic stress, tension, anxiety and/or physical overexertion can prevent restful sleep which can negatively affect your health and quality of life.

Relax-All™ is formulated with science-backed natural herbal extracts and nutritional compounds that allow the body to achieve a balance of muscle relaxation and mental tranquility.**

NeuralCalm™ is a proprietary herbal and amino acid blend of highly concentrated extracts and neuro-peptide intermediates. Jujube, Valerian, Ashwagandha, Chamomile and Lemon Balm are all known for their relaxation properties and work synergistically to promote tranquility.** Phenibut (beta-phenyl-gamma-aminobutyric acid) is a derivative of the main inhibitory neuro-transmitter GABA (gamma-amino butyric acid). Clinical data suggests Phenibut has positive effects on anxious energy, by supporting tranquility and muscle relaxation.** L-Tryptophan and Inositol benefit serotonin levels with a positive influence on GABA activity and mental relaxation. ** Calcium and Magnesium, in balanced proportions, are essential for proper muscle contraction and relaxation.**

** This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot#

Best if used by:

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Relax-All™

Supports Relaxation & Calmness to Muscles**

➤ **Aids in a Better Night's Sleep**** ◀

DIETARY SUPPLEMENT
60 VEGETARIAN CAPSULES

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Suggested Usage: Take 1 capsule every 3-4 hours or as directed by your qualified healthcare provider. Do not exceed 4 capsules per day or 5 days of consecutive use. For sleep take 2-4 capsules 45-60 minutes prior to sleep. Do not take when consuming alcohol or GABA related medication. Do not operate machinery or drive a motor vehicle. For adverse reactions call: 1-800-948-6296

Supplement Facts

Serving Size 4 Vegetarian Capsules
Servings Per Container 15

Amount Per Serving	%Daily Value*	
Calcium (from calcium carbonate & calcium citrate)	200mg	20%
Magnesium (from magnesium aspartate)	200mg	50%
NeuralCalm™ (Proprietary Blend)	2,400mg	†
L-Tryptophan		
Beta-phenyl-gamma-aminobutyric acid (Phenibut 500mg)		
Valerian Root Extract (0.8% Valeric Acid)		
Jujube Extract (2% Jujubosides)		
Inositol		
Ashwagandha (1.5% Withanolides)		
Chamomile Flowers (Matricaria recutita)		
Lemon Balm (Melissa officinalis)		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Rice flour. Capsule made from plant cellulose.

Contains **NO** milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast.

WARNING: This product contains a chemical known to the State of California to cause cancer, birth defects or other reproductive harm.
www.mrm-usa.com/prop65

Formulated by & Manufactured for:
MRM
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296

