



BURN FAT*

BOOST ENERGY*

PERFORMANCE*

REV 2013



FAT BURN*



ENERGY*



STRENGTH*

AM PRE INTRA POST PM
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Capsimax™ is a Registered Trademark of OmniActive Health Technologies.

Bioperine™ is a Registered Trademark of Sabinsa Corporation.

DIETARY SUPPLEMENT
NET WT 1.4 OZ (39.6 g)

CAFFEINE FREE & 0 CALORIES

WOMEN'S ELITE

PRE-WORKOUT

HELPS PROMOTE:
FIRMING AND TONING*
FAT BURNING*
ENERGY*

MANGO

ARTIFICIALLY FLAVORED

CON-CRET®
REINFORCED™36
SERVINGSDESIGNED FOR
WOMEN BY WOMEN

WHY WOMEN'S ELITE:

AWARD WINNING Capsimax™

- Promotes Fat Loss*
- Promotes Lean Muscle*
- Promotes Healthy Metabolism*

AWARD WINNING CON-CRET®

- Promotes Cellular Energy*
- Helps Improve Recovery*
- No Water Retention/Bloating*



WARNINGS: Not intended for individuals under the age of 18. Consult your physician before using this product and if you are taking any prescription or over the counter medications or supplements. DO NOT TAKE IF YOU ARE PREGNANT, CONTEMPLATING PREGNANCY OR NURSING. In the event of any adverse reaction discontinue use immediately and consult a physician. **STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN.**

NOTE: Contents may settle during shipping. SHAKE CONTAINER BEFORE USE. Moisture and humidity can cause clumping and discoloration. Stir contents before each use and **SEAL IMMEDIATELY AFTER!**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Scoop (1.1 g)
Servings Per Container 36

	Amount Per Serving	% Daily Value**
Vitamin B3 (As Niacin)	12.5 mg	63%
Vitamin B6 (As Pyridoxine HCl)	5 mg	250%
Folate (As Folic Acid)	200 mcg	50%
Vitamin B12 (As Cyanocobalamin)	200 mcg	3333%
Biotin	2.5 mg	833%
Chromium (As Chromium Picolinate)	200 mcg	167%
Performance Blend	802 mg	†
Creatine HCl (Con-Cret®), Capsicum Extract (Capsicum Annuum) (Fruit) (Standardized For Capsaicinoids) (Capsimax™), Black Pepper Fruit Extract (Bioperine®)		

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value Not Established

Other Ingredients: Artificial Flavoring, Maltodextrin, Sucralose, Silicon Dioxide, Yellow #6 GLUTEN FREE

SUGGESTED USE: Adults, mix 1 serving (1 scoop) with 4 to 6 ounces of water 15 minutes prior to training. On intense training days take 2 servings (2 scoops). On non-training days take 1 serving (1 scoop) to help maintain a healthy metabolism. Can be taken on an empty stomach. **MIX AND SWIRL DRINK PRIOR TO SIPPING.**

Manufactured for ProMera Health, LLC • 61 Accord Park Drive • Norwell, MA 02061
Manufactured in the U.S.A. from international and domestic ingredients.
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