

BURN FAT*



FAT BURN*



ENERGY*



STRENGTH*

AM	PRE WORKOUT	INTRA WORKOUT	POST WORKOUT	PM
●	●	●	●	●



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Capsimax[™] is a Registered Trademark of OrmActive Health Technologies.

Bioperine[™] is a Registered Trademark of Sabinsa Corporation.

DIETARY SUPPLEMENT
NET WT 1.4 OZ (39.6 g)

CAFFEINE FREE & 0 CALORIES

WOMEN'S ELITE

PRE-WORKOUT

HELPS PROMOTE:
FIRMING AND TONING*
FAT BURNING*
ENERGY*

STRAWBERRY KIWI
NATURALLY FLAVORED

CON-CRET[®]
REINFORCED[™]

36
SERVINGS



BOOST ENERGY*

PERFORMANCE*

**DESIGNED FOR
WOMEN BY WOMEN**

WHY WOMEN'S ELITE:

AWARD WINNING **Capsimax[®]**

- Promotes Fat Loss*
- Promotes Lean Muscle*
- Promotes Healthy Metabolism*

AWARD WINNING **CON-CRET[®]**

- Promotes Cellular Energy*
- Helps Improve Recovery*
- No Water Retention/Bloating*



WARNINGS: Not intended for individuals under the age of 18. Consult your physician before using this product and if you are taking any prescription or over the counter medications or supplements. **DO NOT TAKE IF YOU ARE PREGNANT, CONTEMPLATING PREGNANCY OR NURSING.** In the event of any adverse reaction discontinue use immediately and consult a physician. **STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN.**

NOTE: Contents may settle during shipping. **SHAKE CONTAINER BEFORE USE.** Moisture and humidity can cause clumping and discoloration. Stir contents before each use and **SEAL IMMEDIATELY AFTER!**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 Scoop (1.1 g)
Servings Per Container 36

	Amount Per Serving	% Daily Value**
Vitamin B3 (As Niacin)	12.5 mg	63%
Vitamin B6 (As Pyridoxine HCl)	5 mg	250%
Folate (As Folic Acid)	200 mcg	50%
Vitamin B12 (As Cyanocobalamin)	200 mcg	3333%
Biotin	2.5 mg	833%
Chromium (As Chromium Picolinate)	200 mcg	167%
Performance Blend	802 mg	†
Creatine HCl (Con-Cret [®]), Capsicum Extract (Capsicum Annuum) (Fruit) (Standardized For Capsaicinoids) (Capsimax [™]), Black Pepper Fruit Extract (Bioperine [®])		

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value Not Established

Other Ingredients: Natural Flavoring, Sucralose, Silicon Dioxide
GLUTEN FREE

SUGGESTED USE: Adults, mix 1 serving (1 scoop) with 4 to 6 ounces of water 15 minutes prior to training. On intense training days take 2 servings (2 scoops). On non-training days take 1 serving (1 scoop) to help maintain a healthy metabolism. Can be taken on an empty stomach. **MIX AND SWIRL DRINK PRIOR TO SIPPING.**

Manufactured for ProMera Health, LLC • 61 Accord Park Drive • Norwell, MA 02061
Manufactured in the U.S.A. from international and domestic ingredients.
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