

Introducing Core Daily™ -1 for Men 50+. Every man 50+ needs daily support, and Core Daily™ -1 for Men 50+ supports the basic nutritional needs that men 50+ require, and provides B vitamins that support energy metabolism.***

Other unique ingredients targeted specifically to Men 50+ include:

- Saw Palmetto
- Pygeum
- Lycopene
- Organic Pumpkin Seed Extract

Core Daily™ -1 for Men 50+ includes enzymes for digestive support*** and also includes:

- Probiotics
- Organic Aloe Vera (100% Inner Fillet ActivAloe®)
- Betaine Hydrochloride
- Ginger

Core Daily™ -1 for Men 50+ is built upon a base of whole, raw, fermented fruits, vegetables, seeds, legumes, and sprouts. These whole foods offer added nutrition to support a healthier you.*** Uniquely included in Core Daily™ -1 for Men 50+ is Sharp PS® Gold which includes Phosphatidylserine.



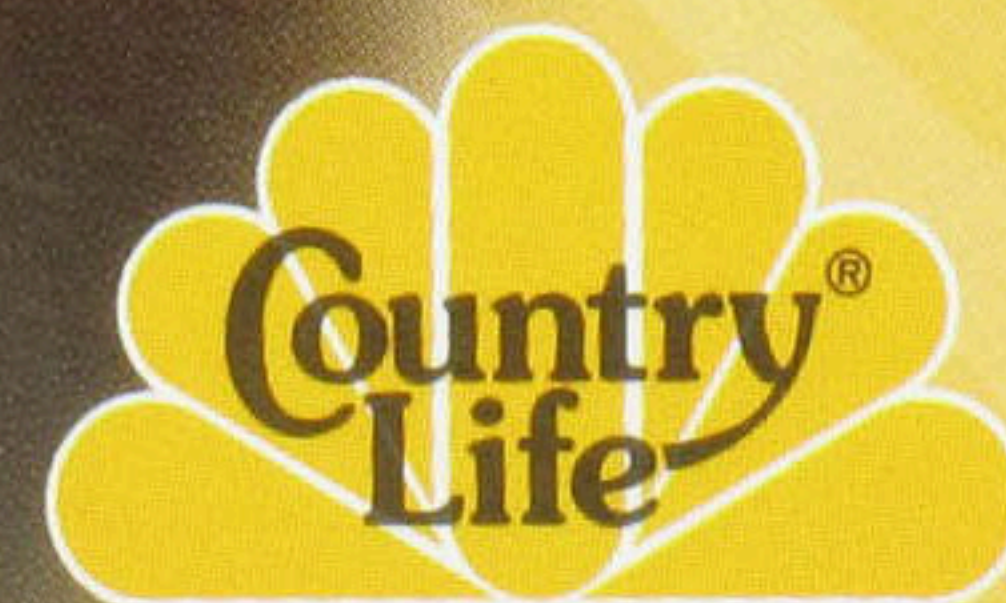
CORE Daily-1

MULTIVITAMINS

1 DAILY MEN 50+

- Supports Energy Metabolism***
- Whole Food Based Multi
- Probiotics and Enzymes
- Coenzyme B-Vitamins
- Saw Palmetto, Pygeum, Lycopene, and Pumpkin Seed Extract

Certified
GF
Gluten-Free



Dietary
Supplement

60 Tablets

Directions: Adult males take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene, natural mixed carotenoids)	2,500 I.U. 50%
Vitamin C (as ascorbic acid, amla extract, acerola berry extract) . .	100 mg 167%
Vitamin D (D ₃)(as cholecalciferol)	400 I.U. 100%
Vitamin E (as d-alpha tocopheryl acid succinate)	50 I.U. 167%
Vitamin K (as phytonadione (K1), menaquinone (K2))	81 mcg 101%
Thiamin (vitamin B-1)(as thiamine hydrochloride,	5 mg 333%
thiamine cocarboxylase)	
Riboflavin (vitamin B-2)(as riboflavin, riboflavin 5' phosphate) . . .	5 mg 294%
Niacin (as inositol hexanicotinate, chromium polynicotinate) . . .	20 mg 100%
Vitamin B-6 (as pyridoxine hydrochloride,	5 mg 250%
pyridoxal 5' phosphate)	
Folic Acid	400 mcg 100%
Vitamin B-12 (as cyanocobalamin, methylcobalamin)	100 mcg 1,667%
Biotin (as d-Biotin)	300 mcg 100%
Pantothenic Acid (as d-calcium pantothenate, pantethine)	26 mg 260%
Calcium (as calcium hydroxyapatite,	116 mg 12%
ascorbate, calcium fructoborate)†	
Phosphorus (as calcium hydroxyapatite)†	51 mg 5%
Magnesium (as magnesium oxide, citrate)†.	50 mg 13%
Zinc (as zinc citrate)†.	5 mg 33%
Selenium (as sodium selenate)†	70 mcg 100%
Copper (as copper amino acid chelate)†	0.25 mg 13%
Manganese (as manganese amino acid chelate)†.	2 mg 100%
Chromium (as chromium polynicotinate)†	50 mcg 42%
Molybdenum (as molybdenum amino acid chelate)†	25 mcg 33%

Proprietary Men's Health Blend: 227 mg *

Saw Palmetto Extract (berry)

Calcium fructoborate(FruiteX B®)(providing 1 mg Boron)

Ginger Extract 10:1 (rhizome)

Tomato Extract (providing 1 mg lycopene)

Fermented Organic Whole Food Blend:

Organic Whole Vegetables (organic kale, organic pumpkin, organic red radish sprout, organic broccoli sprout, organic daikon radish sprout, organic collard green, organic spinach, organic beet, organic broccoli, organic pea)

Organic Whole Fruit (organic cranberry, organic acai, organic blueberry, organic blackberry, organic raspberry, organic strawberry, organic tart cherry, organic pomegranate, organic banana, organic mango)

Organic Whole Legumes and Grains (organic adzuki bean, organic red lentil bean, organic quinoa sprout powder, organic millet sprout)

Organic Super Foods (organic noni, organic ginger, organic chlorella, organic spirulina)

Pygeum Extract 70:1 (bark)

Organic Pumpkin Seed Extract

Organic Aloe Vera (ACTiValoe®)(100% inner fillet of leaf)

Serving Size 1 tablet

Amount Per Serving	% Daily Value
Enzyme Blend providing:	
Protease (from <i>aspergillus oryzae</i>)	154 H.U.
Amylase (from <i>aspergillus oryzae</i>)	53 D.U.
Lipase (from <i>rhizopus oryzae</i>)	1.5 L.U.
Cellulase (from <i>trichoderma longibrachatum</i>)	0.62 C.U.
Lactase (from <i>aspergillus oryzae</i>)	23.45 Lac.U.
Proprietary Probiotic Blend from:	
Lactobacillus rhamnosus	420,000**
Lactobacillus acidophilus	360,000**
Bifidobacterium lactis	300,000**
Bifidobacterium longum	120,000**
Betaine (as betaine hydrochloride)	76 mg *
Inositol (as inositol, inositol hexanicotinate)	54 mg *
Sharp-PS® GOLD	56 mg *
Conjugated PS-DHA (phosphatidylserine-docosahexaenoic acid)(from soy lecithin, fish extracts-blue whiting, herring) (standardized at 45% PS equal to 25 mg and 8% DHA equal to 4 mg)	
Citrus Bioflavonoid Complex (from	25 mg *
lemon, orange and grapefruit)(fruit)	
Choline (from 30 mg choline bitartrate)	12 mg *

* Daily Value not established.

** Viable cell count at the time of manufacture.

Other Ingredients: Cellulose, gum arabic, cellulose & glycerin coating, silica, sunflower oil, modified corn starch, maltodextrin, vegetable glaze. Contains milk, soy and fish (blue whiting, herring).

H.U. - Haemoglobin Units D.U. - Dextrinizing Units L.U. - Lipase Units
C.U. - Cellulase Units Lac.U.- Lactase Units

WARNING: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Wheat, gluten, artificial color, artificial flavor, or artificial sweeteners.

Do not accept if seal is broken. Product No. 8194.

Store between 59°-86° F. Keep out of the reach of children.

See box for Lot No. and Best by Date information.

† Country Life always labels minerals in elemental weight.

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ACTiValoe® and Qmatrix® are registered trademarks of Aloecorp, Inc.

Sharp PS® Gold is a trademark of Enzymotec Ltd.

This product has been manufactured at an NSF GMP Registered facility.

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured by Country Life, LLC

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