

TABLET SIZE

Made in the USA



CODE 1275 V4

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 2 tablets daily in divided doses, preferably with food.

Cal-Mag Stress Formula is a mix of Calcium, Magnesium, Vitamin C, and a full range of B-vitamins which aid in the production of energy. Vitamin C, besides its antioxidant qualities, supports healthy cortisol levels in the body. This product also provides the daily recommended levels of Calcium and Magnesium, both of which are necessary for skeletal health. All together NOW® Cal-Mag Stress Formula has essential minerals and nutrients required for optimal daily functioning.*



Cal-Mag

STRESS FORMULA*

**with B-Complex
& Vitamin C**

100 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 2 Tablets Servings Per Container 50

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	120 mg	200%
Thiamin (Vitamin B-1) (from Thiamin HCl)	10 mg	667%
Riboflavin (Vitamin B-2)	5 mg	294%
Niacin (Vitamin B-3) (as Niacinamide)	40 mg	200%
Vitamin B-6 (from Pyridoxine HCl)	5 mg	250%
Folate (Folic Acid)	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	20 mcg	333%
Biotin	300 mcg	100%
Pantothenic Acid (Vitamin B-5) (from Calcium Pantothenate)	20 mg	200%
Calcium	1 g (1,000 mg)	100%
(from 80% Calcium Carbonate, 10% Calcium Citrate, 10% Amino Acid Chelate)		
Magnesium	500 mg	125%
(from 80% Magnesium Oxide, 10% Magnesium Citrate, 10% Amino Acid Chelate)		
Choline (from Choline Bitartrate)	20 mg	†
Inositol	20 mg	†
PABA	10 mg	†

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Silica, Magnesium Stearate (vegetable source) and Vegetarian Coating.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
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Store in a cool, dry place after opening. Please Recycle.

