TMG

LIVER SUPPORT

Betaine - 1,000 mg

- Supports Healthy Homocysteine Levels
- Promotes Normal Methylation Processes*

100 Tablets

A Dietary Supplement Vegetarian/Vegan

QUALITY GMP ASSURED

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 33

Amount Per Serving	
Trimethylglycine (TMG) (Betaine Anhydrous)	3 g (3,000 mg)*

* Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source) and Vegetarian Coating.

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
For more product information visit www.nowfoods.com/0494

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

SUGGESTED USAGE: As a dietary supplement, take 1-3 tablets twice daily, preferably with food.

Betaine Anhydrous, or TMG (Trimethylglycine) is known to facilitate methylation processes. Methylation is a normal biological process that is critical for DNA repair, liver detoxification mechanisms, lipid metabolism, and the production of SAMe. It is also an important step in the conversion of homocysteine, a damaging amino acid, into a friendlier amino acid, methionine. Supplementation with TMG has been shown in clinical and non-clinical studies to support healthy homocysteine levels already within normal range.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Keep the bottle tightly closed at all times in between usage. Keep the freshness packet in bottle. This product is very sensitive to moisture/humidity which may affect product stability.

TABLET SIZE

Made in the USA

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CODE 0494 V4