

SUGGESTED USAGE: As a dietary supplement, mix 1 level tablespoon (5 g) into 8 oz. of water or other beverage 1 to 3 times daily.

L-Leucine is one of the three Branched Chain Amino Acids (BCAAs) that is critical in muscle tissue structure. Among the BCAAs, Leucine is unique in its role as a signaling molecule that helps to regulate optimal skeletal muscle protein synthesis in normal tissues. In addition, it helps to maintain already healthy glucose metabolism and insulin function, and may help to promote the use of fat for energy. Studies suggest that L-Leucine, in conjunction with adequate dietary protein, may help to build and maintain lean tissue and optimize body composition.* NOW® Leucine Powder is instantized for easy mixing in water, beverages or smoothies. No clumping.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

CODE 0241 V2



L-Leucine Powder

Instantized to Mix Easily / Non-GMO

Free-Form, Pharmaceutical Grade

Helps Build Lean Tissue*

Net Wt. 9 oz. (255 g)

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Level Tablespoon (5 g)
Servings Per Container about 51

Amount Per Serving

L-Leucine Powder (Instantized, Non-GMO)	5 g (5,000 mg)*
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* Daily Value not established.

Other ingredients: Non-GMO Sunflower Lecithin (< 5%).

Distributed by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.nowsportsproducts.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.