

MRM Veggie Meal provides a complete vegan- and vegetarian-friendly meal-on-the-go for those with little or no time for breakfast, lunch or dinner.** **Veggie Meal** provides all the nutrients found on a well-balanced plate of food, in a single scoop, and delivers the key nutritional elements to support healthy weight management and lean body composition.** Our uniquely balanced formula also helps satisfy hunger and mediate healthy blood sugar levels, and reinforces nutrient absorption.**

With 22 grams of protein from a precise blend of pea, brown rice, black rice and flax seed protein, **Veggie Meal** contains a full array of micro- and macronutrients to get you through your day. This unique meal option delivers essential amino acids the body needs to support a healthy, robust lifestyle.**

Our proprietary fruit and vegetable blend adds a generous 1000 ORAC units of antioxidant protection, alongside a broad spectrum of enzymes and probiotics that support digestion.** Specific probiotics contained in **Veggie Meal** were chosen for their diversity, and have been microencapsulated to assure stability – a strategy resulting in five times greater intestinal colonization.**

A rich source of Omega-3 fatty acids, this delicious meal replacement shake contains a combined 32 milligrams of Docosahexaenoic Acid (DHA), and Eicosapentaenoic Acid (EPA), along with 1.4 grams of Alpha-Linolenic Acid (ALA). It also offers 8 full grams of fiber per serving.

MRM Veggie Meal is a complete vegan meal option, or a refreshing alternative for those who seek something different in an instant meal product that neither contains whey, nor soy protein. A hypoallergenic, cholesterol-free, milk-free, soy-free and gluten-free alternative for those exhibiting sensitivities to meal options that may include animal proteins or that feature genetically modified food sources.**

- **Flavorful alternative to milk and soy meal replacements**
- **Fortified with enzymes, vitamins and minerals**
- **Allergen-free, gluten-free, and cholesterol-free**
- **Excellent Source of fiber and omega-3, DHA & EPA**
- **High Potency Alpha-Linolenic Acid**
- **No artificial flavors, colors or sweeteners**
- **Vegan- and Vegetarian-friendly**

**This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.



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Lot #: (See Bottom)
Best if used by: (See Bottom)

Formulated by & Manufactured for:
MRM
2665 Vista Pacific Dr.
Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296

0414V001



NATURAL FLAVOR

Veggie Meal

REPLACEMENT

- FORTIFIED WITH PROBIOTICS, VITAMINS & MINERALS •
- EXCELLENT SOURCE OF FIBER & OMEGA-3'S ALA, DHA & EPA •
- 22 GRAMS OF PROTEIN WITH DIGESTIVE ENZYMES •
- MILK-FREE • SOY-FREE • GLUTEN-FREE •



Dietary Supplement

CHOCOLATE MOCHA

Net Weight: 3 lbs (1,361g)

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Directions: Add one scoop to 8-10 ounces of water for a mouthwatering shake. Use one serving daily as a healthy meal alternative.

Supplement Facts

Serving Size 1 Scoop (approx. 48 grams)
Servings Per Container - 28

Amount Per Serving	% Daily Value*
Calories	190
Saturated Fat	45
Total Fat	5g 5%
Saturated Fat	0.5g 0%
Trans Fat	0g †
Cholesterol	0g 0%
Sodium	290mg 12%
Potassium	200mg 6%
Total Carbohydrates	14g 2%
Dietary Fiber	8g 16%
Sugars	1g †
Protein	22g 44%

Vitamin A (as Retinyl Acetate)	1000 IU	20%
Vitamin D2 (as Ergocalciferol)	80 IU	20%
Vitamin E (as DI-Alpha-Tocopheryl Acetate)	6 IU	20%
Biotin	60mcg	20%
Folic Acid	80mcg	20%
Niacinamide	4mg	20%
Pantothenic Acid (as Calcium D-Pantothenate)	2mg	20%
Vitamin B1 (as Thiamin Mononitrate)	300mcg	20%
Vitamin B12 (as Cyanocobalamin)	1.2mcg	20%
Vitamin B2 (as Riboflavin)	340mcg	20%
Vitamin B6 (as Pyridoxine HCl)	400mcg	20%
Vitamin C (as Ascorbic Acid)	12mg	20%
Calcium (as Dicalcium Phosphate)	260mg	26%
Copper (as Copper Gluconate)	400mcg	20%
Iodine (as Potassium Iodide)	30mcg	20%
Iron (as Reduced Iron)	3.6mg	20%
Magnesium (as Magnesium Oxide)	80mg	20%
Phosphorus (as Dicalcium Phosphate)	200mg	20%
Zinc (as Zinc Oxide)	3mg	20%

Amount Per Serving	% Daily Value*
Omega-3 (ALA)	1,400mg †
Omega-3 (DHA & EPA)	32mg †
High ORAC Proprietary Fruit/Vegetable Blend (1000 ORAC Units)	100mg †
Grape Skin Extract, Blueberry Extract, Raspberry Powder, Cranberry Powder, Prune Powder, Cherry Powder, Bilberry Extract, Strawberry Powder, Broccoli Cruciferous Extract, Spinach Powder, Tomato Powder, Carrot Powder, Onion Powder	
Microencapsulated Vegan Probiotic Blend	1Billion CFU †
Lactobacillus rhamnosus, Lactobacillus acidophilus, Lactobacillus plantarum, Bifidobacterium breve, Bifidobacterium animalis subsp. lactis	

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Ingredients: Veggie Meal Protein Blend [Pea Protein Isolate, Organic Brown Rice Protein Concentrate, Flax Seed Powder, Raw Sprouted Black Rice Powder & Digest-All® VP (a vegan enzyme blend)], Natural Chocolate Mocha Flavor, VitaFiber™ (isomaltoligosaccharide), Cocoa, Vitamin and Mineral Blend, TreLEAFia™ (Trehalose, Stevia Leaf Extract, and Monk Fruit Extract), Gum Blend (Konjac Gum, Guar Gum, and Tara Gum), Salt, Omega-3 Oil Powder (algae), High ORAC Proprietary Fruit/Vegetable Blend, and Microencapsulated Vegan Probiotic blend.

Contains NO peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

This product is manufactured in a facility that produces other products and may contain trace amounts of milk, egg or soy.

Typical Amino Acid Profile Per 48g Scoop

Alanine	976mg
Arginine	1811mg
Aspartic Acid	2404mg
Cysteine	329mg
Glycine	860mg
Glutamic Acid	3836mg
Histidine	530mg
Lysine	1503mg
Methionine	318mg
Phenylalanine	1109mg
Proline	1053mg
Serine	1129mg
Threonine	863mg
Tryptophan	247mg
Tyrosine	834mg
Leucine	1881mg
Isoleucine	1129mg
Valine	1188mg