

WHAT IS SHREDMATRIX™?

- The most powerful fat loss system available!*
- Is COMPLETELY unique – utilizing the power of THE comprehensive, **8-STAGE FAT LOSS SYSTEM**, is guaranteed to help you achieve the tight, fit, lean and toned body you've been seeking.*
- Utilizes the body's multiple energy pathways to mobilize fat to become the body's primary fuel source.*
- Destroys cravings, curbs hunger, improves energy and alertness, and enhances mental focus and mood.*

SUGGESTED USE: Take one serving (3 capsules) with an 8 oz. glass of water twice daily.

MORNING: Take three (3) capsules with 8 oz. of water 30-45 mins before breakfast.

AFTERNOON: Take three (3) capsules with 8 oz. of water 30-45 mins before lunch.

*Drink a minimum of 1 gallon of water per day while on Shred Matrix
*Shred Matrix should not be taken within 6 hours before bed.

WARNING: Taking this product without adequate fluid may cause it to swell and block your throat or esophagus and may cause choking. Do not take this product if you have difficulty in swallowing. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Not intended for use by persons under age 18. Do not exceed recommended dose. Do not consume sympathomimetic or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are pregnant or nursing, or if you are taking medication, including but not limited to MAO Inhibitors (MAOI), antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. KEEP OUT OF REACH OF CHILDREN.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

1.001 v 2.1 20100605



Exclusively Developed & Manufactured For:

MUSCLEPHARM®
3390 Peoria St. #307 Aurora, CO USA 1.800.210.7369
MUSCLEPHARM.COM

MADE IN A cGMP AND NSF® CERTIFIED FACILITY
MADE IN USA



[LIVE SHREDDED]™



SHRED MATRIX™

8-STAGE WEIGHT-LOSS SYSTEM

- STRONGEST FORMULA AVAILABLE • PHYSICIAN-FORMULATED
- VISIBLE CHANGES IN LESS THAN 2 WEEKS*

SHRED LIFESTYLE SERIES

DIETARY SUPPLEMENT
120 CAPSULES

THIS PRODUCT CONTAINS
NO BANNED SUBSTANCES

SUPPLEMENT FACTS

Serving Size 3 Capsules - Servings Per Container 40

	Amount Per Serving	%DV1
Niacin (as niacinamide)	3 mg	15%
Biotin	150 mcg	50%
Pantothenic acid (as d-calcium pantothenate)	3 mg	30%
Magnesium (Gluconate)	3.5 mg	1%
Zinc (Monomethionine)	1 mg	6%
Chromium (cholate)	100 mcg	83%

8 Stage Weight Loss Proprietary Blend

2,437.5 mg *

Stages 1 & 2: Energy & Fat Metabolism

Guarana Seed Extract (Paullinia cupana) (22% caffeine),
Caffeine Anhydrous (150 mg), Green Tea Extract (40% EGCG) (Camellia sinensis)(leaf),
Suma Extract (20:1)(Pfaffia paniculata)(root), Saw Palmetto (Serenoa repens)(berry),
Yerba Mate (Ilex paraguariensis)(leaf), Fo-Ti (Polygonum multiflorum)(root),
Eleuthero (Eleutherococcus senticosus)(root),
Cayenne 40,000 HU/g (Capsicum annum)(pepper), Yohimbine HCL

Stages 3 & 4: Appetite Balancing & Weight Management Control

Glucosamine (Amorphophallus konjac)(root), Guar Gum, Alpha Lipoic Acid, Gymnema
sylvestre (leaf), Banaba Extract (1% Corosolic Acid)(Lagerstroemia speciosa)(leaf),
D-Biotin, Calcium Malate, White Kidney Bean (Phaseolus vulgaris)(bean),
Chromium (Chelate)

Stage 5: Anti-Stress Mood Balancing Matrix

Turmeric (Standardized for Curcuminoids)(Curcuma longa)(root/rhizome),
Panax Ginseng Root, 5-HTP (Griffonia simplicifolia)(seed), Echinacea Angustifolia (root),
Garlic, Wood Betony (Betonica officinalis)(herb),
Astragalus (Astragalus membranaceus)(root)

Stage 6: Brain Power Matrix

Pyroglutamic Acid, Papain

Stage 7: Diuretic Complex

Uva Ursi (Arctostaphylos uva-ursi)(leaf)(contains Arbutin, Methyl-Arbutin),
Dandelion (Taraxacum officinale)(root) Extract 20:1 (contains Taraxol & Taraxerol),
Potassium Aspartate

Stage 8: Sugar Stop™ & Enzyme Aid Matrix

DigeSEB® (Amylases, Protease Blend I, II and III), Lipase, Lactase, HemiSEB®
Cellulase, Maltase, Invertase, Bromelain, Peptizyme SP®, Papain and
Alpha-Galactosidase, Ginger (Zingiber officinale)(root), Fennel (Foeniculum
vulgare)(seed), Almond Oil Powder, Dulce (Palmaria palmata)(algae),
Alfalfa (Medicago sativa)(leaf), Chlorella, Artichoke (Cynara cardunculus)(leaf),
Irish Moss Red Algae (Chondrus crispus)(algae),
Wild Mexican Yam (Dioscorea villosa)(root), Apple Pectin, Kelp, Bromelain, Rutin NF

* Daily Value (DV) not established.

OTHER INGREDIENTS: Gelatin, Magnesium Stearate, Microcrystalline Cellulose.

ALLERGEN WARNING: This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and peanuts.