



NDC 42291-686-01

Prenatal Plus

Vitamin and Mineral Tablet

Multi-Vitamin

100 Tablets

Rx only

Each Tablet Contains:

VITAMINS:

	Amount per Tablet
Vitamin A (as Acetate and Beta Carotene)	4000 IU
Vitamin C (Ascorbic Acid)	120 mg
Vitamin D-3 (Cholecalciferol)	400 IU
Vitamin E (dl-Alpha Tocopheryl Acetate)	22 mg
Thiamine (Vitamin B-1 from Thiamine Mononitrate)	1.84 mg
Riboflavin (Vitamin B-2)	3 mg
Niacin (Nicotinamide)	20 mg
Vitamin B-6 (as Pyridoxine HCl)	10 mg
Folic Acid	1 mg
Vitamin B-12 (Cyanocobalamin)	12 mcg

MINERALS:

Calcium (Calcium Carbonate)	200 mg
Iron (Ferrous Fumarate)	27 mg
Zinc (Zinc Oxide)	25 mg
Copper (Cupric Oxide)	2 mg

Other Ingredients: croscarmellose sodium, FD&C Blue #2, FD&C Red #40, FD&C Yellow #5, FD&C Yellow #6, macrogol, magnesium stearate, microcrystalline cellulose, polyvinyl alcohol, silicon, starch, stearic acid, talc, titanium dioxide

Indications: To provide Vitamin and Mineral supplementation throughout pregnancy and during the postnatal period for both the lactating and non-lactating mother. It is also useful for improving nutritional status prior to conception.

Dosage: As a dietary adjunct before, during and after pregnancy, take one tablet daily with a meal, or as directed by a physician.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or Poison Control Center immediately.

Precautions: Folic acid may partially correct the hematological damage due to Vitamin B-12 deficiency of pernicious anemia, while the associated neurological damage progresses.

STORE AT CONTROLLED ROOM TEMPERATURE 10° to 30°C (59° to 86°F). AVOID EXCESS HEAT. Dispense in a well closed light-resistant container, with a child resistant cap.

**KEEP THIS AND ALL MEDICATION OUT OF THE REACH OF CHILDREN.
DO NOT USE IF INNER SAFETY SEAL IS BROKEN OR MISSING.**

Manufactured for:
AVKARE, Inc.
Prakash, TN 38479

Mfg. Rev. 08/12
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