

TriCare Prenatal™ DHA ONE®

Multivitamin/Mineral
Softgel

ESSENTIAL NUTRITION FOR THE THREE
VITAL STAGES OF PREGNANCY

■ Preconception ■ Pregnancy ■ Postnatal

NDC 67112-401-30

Rx Only

TriCare Prenatal™ www.DHAone.com DHA ONE® Softgel

Description: Each purple softgel contains:
Essential Fatty Acids

Fish Oil Concentrate (EPA/DHA)	500 mg
DHA	270 mg
EPA	40 mg

Vitamins

Vitamin B-1 (Thiamine Monoclonide)	3 mg
Vitamin B-2 (Riboflavin)	2.4 mg
Vitamin B-3 (Nicotinyl Nicotinamide)	20 mg
Vitamin B-6 (Pyridoxine Hydrochloride)	25 mg
Vitamin B-12 (Cyanocobalamin)	100 mcg
Folic Acid	1 mg
Vitamin C (Ascorbic Acid)	60 mg
Vitamin D3 (Cholecalciferol)	600 IU
Vitamin E (d-Alpha-Tocopherol)	20 IU
Biotin	300 mcg

Minerals

Iron (Ferrous Fumarate)	27 mg
Zinc (Zinc Sulfate Monohydrate)	10 mg
Copper (Cupric Sulfate Anhydrous)	2 mg
Selenium (Selenium)	20 mcg

INACTIVE INGREDIENTS: Gelatin, Glycerol, Hydrogenated Vegetable Oil, Purified Water, Yellow Dye #10, Lecithin, Cellulose Anhydrous, Silica, Ethanol, Natural Lime Oil Ordinary, CITRUS OILS 1254, Cinnamon Oil 175419, Lemon Oil, Titanium Dioxide, Polysorbate 80, Brilliant Blue FCF 014200.

INDICATIONS AND USAGE: TriCare Prenatal™ DHA ONE® Multivitamin/Mineral softgels are indicated to provide multivitamin/mineral/essential fatty acid supplementation throughout pregnancy and during the postnatal period for both the lactating and non-lactating mother. It is also useful for improving nutritional status prior to conception.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B-12 is deficient.

NOTICE: Contact with moisture may produce surface discoloration or erosion of the softgel.

PRECAUTIONS: Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and percutaneous administration of folic acid.

DOSEAGE AND ADMINISTRATION: One softgel daily or as directed by a physician.

HOW SUPPLIED: TriCare Prenatal™ DHA ONE® Multivitamin/Mineral Softgels for oral administration are supplied as purple softgels, imprinted in gray ink; TriCare DHA ONE is a child-resistant plastic bottle of 30 softgels. (NDC 67112-401-30).

WARNING: Ingestion of more than 3 grams of Omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and international normalized ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

Store at controlled room temperature at 20°-25°C (68°-77°F). Excursions permitted to 15°-30°C (59°-86°F).

KEEP THIS AND ALL DRUGS OUT OF THE REACH OF CHILDREN.

Marketed by Winmarc Pharma LLC, Baton Rouge, LA

