

SUGGESTED USAGE: As a dietary supplement, take 3 capsules daily with food.

NOW® Solutions Clinically Advanced Hair, Skin & Nails is formulated to nurture hair, skin, and nails from the inside. This product features Cynatine® HNS, a revolutionary patented and bioavailable form of solubilized Keratin that can help you maintain full, lustrous hair and nails that are strong and flexible. Cynatine® HNS can also help the skin to retain its youthful moisture and elasticity, as well as battle signs of aging associated with free radicals. This product also has other critical nutrients necessary for the support and maintenance of the skin's healthy and youthful appearance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place after opening. Please Recycle.

Made in the USA

CODE 3373

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now®
solutions

clinically advanced
**hair, skin
& nails**

Formulated with
Clinically Tested Cynatine®

Maintenance of Strong Hair & Nails

Supports Healthy Skin*

90 Capsules

A Dietary Supplement

Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (100% as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	30 IU	100%
Thiamin (Vitamin B-1) (from Thiamin HCl)	10 mg	667%
Riboflavin (Vitamin B-2)	10 mg	588%
Niacin (Vitamin B-3) (as Niacinamide)	18 mg	90%
Vitamin B-6 (from Pyridoxine HCl)	2 mg	100%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12 (as Methylcobalamin)	100 mcg	1667%
Biotin	300 mcg	100%
Pantothenic Acid (from Calcium Pantothenate)	14 mg	140%
Zinc (from Zinc Bisglycinate) (TRAACS®)	15 mg	100%
Copper (from Copper Bisglycinate) (TRAACS®)	2 mg	100%
Cynatine® HNS (Solubilized Keratin)	500 mg	†
MSM (Methylsulfonylmethane)	500 mg	†
Beef Gelatin	200 mg	†
L-Proline	100 mg	†
Horsetail (<i>Equisetum arvense</i>) (Aerial Parts)	100 mg	†
Hyaluronic Acid (from Sodium Hyaluronate)	50 mg	†
Choline (from Choline Bitartrate)	25 mg	†
Inositol	25 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Ascorbyl Palmitate and Silica.
Vitamin E from soy.

Manufactured by NOW FOODS
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