

**Foltabs™ PRENATAL**  
Rx Only 90 Tablets

**DESCRIPTION:** Foltabs™ Prenatal is a scored white oval multivitamin/multimineral tablet. The tablet is debossed with "ML 160" on the scored side and plain on the other.

Each tablet contains:

|                                               |         |
|-----------------------------------------------|---------|
| Vitamin C (Ascorbic acid) .....               | 120 mg  |
| Calcium (Calcium citrate) .....               | 125 mg  |
| Iron (Carbonyl Iron, Ferrous gluconate) ..... | 27 mg   |
| Vitamin D3 (Cholecalciferol) .....            | 400 IU  |
| Vitamin E (dl-alpha tocopheryl acetate) ..... | 30 IU   |
| Thiamin (Vitamin B1) .....                    | 3 mg    |
| Riboflavin (Vitamin B2) .....                 | 3.4 mg  |
| Niacinamide (Vitamin B3) .....                | 20 mg   |
| Vitamin B6 (Pyridoxine HCl) .....             | 20 mg   |
| Folic Acid .....                              | 1 mg    |
| Iodine (Potassium iodide) .....               | 150 mcg |
| Zinc (Zinc oxide) .....                       | 25 mg   |
| Copper (Cupric sulfate) .....                 | 2 mg    |
| Docusate Sodium .....                         | 50 mg   |

**INACTIVE INGREDIENTS:** Microcrystalline cellulose, croscarmellose sodium, silicon dioxide, magnesium stearate, polysorbate 80, stearic acid, talc, povidone, polyethylene glycol, titanium dioxide, polyvinyl alcohol.

**INDICATIONS:** Foltabs™ Prenatal is a multivitamin/multimineral prescription drug indicated for the use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

**CONTRAINDICATIONS:** This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**WARNING:** Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B12 is deficient.

**NOTICE:** Contact with moisture can produce surface discoloration or erosion of the tablet.

**PRECAUTIONS:** Folic acid in doses above 0.1 mg may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. **KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

**ADVERSE REACTIONS:** Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

**DOSAGE AND ADMINISTRATION:** One tablet daily or as directed by a physician.

**DISPENSE IN A TIGHT, LIGHT RESISTANT CONTAINER AS DEFINED BY THE USP/NF WITH A CHILD RESISTANT CLOSURE.** Store at controlled room temperature 20°-25°C (68°-77°F). Excursions permitted to 15°-30°C (59°-86°F). [See current USP].

NDC 68308-165-90

Manufactured for:

 **Midlothian**  
LABORATORIES  
Montgomery, AL 36117  
www.midlothianlabs.com



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90 Tablets

# Foltabs™ Prenatal Tablets

**Dual Iron with Calcium Citrate  
Multivitamins and Minerals**

**Rx Only**

 **Midlothian**  
LABORATORIES

7095  
Rev. 4/09

Lot No.:  
Exp. Date: