



Nationwide Laboratories LLC

NDC 42937-706-10

PreNatal 19 Tablets

**Vitamins and Minerals
with Folic Acid**

Rx only

100 Tablets

DESCRIPTION

PreNatal 19 provides a full daily rationing, water-soluble vitamins and minerals.

Each tablet contains:	
Vitamin A (as beta carotene)	1000 IU
Vitamin C (ascorbic acid)	100 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as d- α -tocopherol)	30 IU
Thiamine (Mononitrate) (Vitamin B ₁)	1 mg
Riboflavin (Vitamin B ₂)	1 mg
Niacin (as nicotinamide)	15 mg
Vitamin B ₆ (as pyridoxine HCl)	25 mg
Folate (Folic acid)	1 mg
Vitamin B ₁₂ (as cyanocobalamin)	12 mcg
Inerted benzoic acid	
(as sodium parabenate)	7 mg
Calcium (as calcium carbonate)	200 mg
Iron (as ferrous fumarate)	25 mg
Zinc (as zinc oxide)	20 mg
Essential Sodium	25 mg

OTHER INGREDIENTS

Carboxy Methyl Cellulose, Croscarmellose, Cellulose, Hydroxypropyl Methyl Cellulose, Magnesium Stearate, Microcrystalline Cellulose, Polyethylene Glycol, Stearic Acid, Talc, and Titanium Dioxide.

INDICATIONS

PreNatal 19 provides an indication of use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and non-lactating mothers. PreNatal 19 tablets are also useful in improving the nutritional status of women prior to conception.

CONTRAINDICATIONS

This product is contraindicated in patients with known hypersensitivity to any of the listed ingredients.

WARNINGS

Folic acid alone is a poor therapy in the treatment of pernicious anemia and other megaloblastic anemia when vitamin B₁₂ is deficient.

WARNINGS: Artificially colored overcoat of

iron-containing products has been associated with potential poisoning in children under 6. Keep this product out of reach of children. In case of suspected overdose, call a doctor or poison control center immediately.

PRECAUTIONS

Take with or after meals (1 mg daily) may decrease potential toxicity. If that level is high, patients can occur while nursing mothers may occur.

HOW TO TAKE AND ADMINISTRATION

One tablet daily, with or without food.

HOW SUPPLIED

PreNatal 19 tablets for oral administration are supplied in white, round, oblong tablets, each marked "N.L." and "19" on both sides.

U.S. PATENT 4,000,000

STORAGE

Store at room temperature (20°-25°). Protect from moisture and excessive heat and freezing.

PHARMACOLOGY

PreNatal 19, a folic acid, is a synthetic compound which is the active ingredient in the product.

Call your doctor about side effects. The most important side effects are listed on the label at 1-800-800-1000. All prescriptions using this product shall be subject to state regulations. PreNatal 19 is a synthetic compound. This product may be administered only under a physician's supervision. There are no known side effects or contraindications.

Based on Professional Recommendations.

KEEP THIS AND ALL OTHERS OUT OF THE REACH OF CHILDREN.

Distributed by:

Nationwide Laboratories LLC
New York, NY 10001

Lot No.: Exp. Date: Rev. 12/72

