

Citra Natal DHA Rx Prenatal Vitamin Tablet

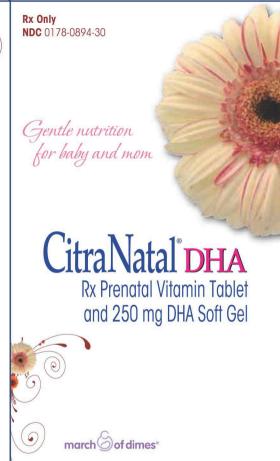
and 250 mg DHA Soft Gel

- Patented dual-iron formulation
- Gentle calcium citrate for less gas and bloating
- Natural, plant-based DHA for your baby's healthy development
- Gluten and lactose free

Gentle nutrition for baby and mom

Contains Stool Softener





Citra Natal DHA Rx Prenatal Vitamin Tablet and 250 mg DHA Soft Gel

DESCRIPTION: CitraNatal® DHA is a prescription prenatal/postnatal multi-vitamin/mineral tablet with Ferr-Ease®, a patented dual-iron delivery comprising both a guick release and slow release iron, and a soft gel of an essential fatty acid. The prenatal vitamin is a white. scored, oval multi-vitamin/mineral tablet. The tablet is debossed "CN 1" on one side and is blank on the other. The essential fatty acid DHA soft gel is caramel colored and contains a light vellow to orange semi-solid mixture

Each prenatal tablet contains:

Vitamin C (Ascorbic acid)	120	mg	
Calcium (Calcium citrate)	124	mg	
Iron (Carbonyl iron, ferrous gluconate)	27	mg	
Vitamin D ₃ (Cholecalciferol)	400	IU	
Vitamin E (dl-alpha tocopheryl acetate)	30	IU	
Thiamin (Vitamin B ₁)	3	mg	
Riboflavin (Vitamin B ₂)	3.4	mg	
Niacinamide (Vitamin B ₃)	20	mg	
Vitamin B ₆ (Pyridoxine HCI)	20	mg	
Folic Acid	1	mg	
Iodine (Potassium iodide)	150	mcg	
Zinc (Zinc oxide)	25	mg	
Copper (Cupric oxide)	2	mg	
Docusate Sodium	50	mg	
Each DHA soft gel contains:			
Docosahexaenoic Acid (DHA, 40% from 625 mg Algal Oil)	250	ma	
Eicosapentaenoic Acid (EPA)Not more than 0			
Other ingredients in DHA soft gel: High oleic sunflower oil, sunflower			
lecithin, rosemary extract, tocopherols, ascorbyl palmitate.			
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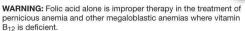
INDICATIONS: CitraNatal® DHA is a multi-vitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE BEACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects. including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

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PRECAUTIONS: Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSAGE AND ADMINISTRATION: One tablet and one soft gel daily or as directed by a physician.

STORAGE: Store at 20°C to 25°C (68°F to 77°F), excursions permitted between 15°C and 30°C (between 59°F and 86°F). Brief exposure to temperatures up to 40°C (104°F) may be tolerated provided the mean kinetic temperature does not exceed 25°C (77°F); however, such exposure should be minimized.

NOTICE: Contact with moisture can discolor or erode the tablet.

HOW SUPPLIED: Six child-resistant blister packs of 5 tablets and 5 soft gels each - NDC 0178-0894-30.

To report a serious adverse event or obtain product information, call (210) 696-8400.

Please consult your health care provider with any dietary concerns.

C01 Rev 002140

citranatal.com



DHA soft gels manufactured for: MISSION PHARMACAL COMPANY San Antonio, TX USA 78230 1355 Prenatal tablets manufactured by: MISSION PHARMACAL COMPANY San Antonio, TX USA 78230 1355

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life's DHA is a trademark of DSM. U.S. Patent No. 7,579,174 U.S. Patent No. 7,732,170 U.S. Patent No. 5.518.918

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CONTAINS

Six 5-day Blister Packs

Mission Pharmacal is a proud

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