

CitraNatalAssure.

Rx Prenatal Vitamin Tablet and 300 mg DHA Capsule

- Gentle calcium citrate and iron, plus a stool softener for your delicate GI system
- Natural, plant-based DHA (NO mercury, no PCB) for your baby's healthy development

*Its gentle nature
is its strength*

Contains
Stool
Softener



Rx Only
NDC 0178-0893-30

*Its gentle nature
is its strength*

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Rx Prenatal Vitamin Tablet and 300 mg DHA Capsule

An Rx prenatal
vitamin and
omega-3 (DHA)
derived from an
all natural
plant source

march of dimes

Mission Pharmacal is a proud
supporter of the March of Dimes.*

CONTAINS
Six 5-day Blister Packs

Mission
PHARMACAL



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DESCRIPTION: CitraNatal Assure® is a prescription prenatal/postnatal multivitamin/mineral tablet with Fem-Ease™, a patented dual-iron delivery comprising both a quick release and slow release iron, and a capsule of an essential fatty acid. The prenatal vitamin is a white, coated, oval multivitamin/mineral tablet. The tablet is debossed "0893" on one side and is blank on the other. The essential fatty acid DHA capsule is clear and contains an amber to light/dark orange semi-solid mixture.

Each prenatal capsule contains:

Vitamin C (Ascorbic acid)	120 mg
Calcium (Calcium citrate)	125 mg
Iron (Carbonyl iron, ferrous gluconate).....	35 mg
Vitamin D ₃ (Cholecalciferol).....	400 IU
Vitamin E (dl-alpha tocopheryl acetate).....	30 IU
Thiamin (Vitamin B ₁).....	3 mg
Riboflavin (Vitamin B ₂).....	3.4 mg
Niacinamide (Vitamin B ₃).....	20 mg
Vitamin B ₆ (Pyridoxine HCl).....	25 mg
Folic Acid.....	1 mg
Iodine (Potassium iodide).....	150 mcg
Zinc (Zinc oxide).....	25 mg
Copper (Cupric oxide).....	2 mg
Docosate Sodium.....	50 mg

Each DHA gelatin capsule contains:

Docosahexaenoic Acid (DHA)	300 mg
Eicosapentaenoic Acid (EPA)	Not more than 0.750 mg

DHA is contained in the oil derived from microalgae.

Other ingredients in DHA gelatin capsule: Gelatin, Glycerin USP, Water.

INDICATIONS: CitraNatal Assure® is a multivitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

CONTRAINDICATIONS: This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

WARNING: Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anticoagulants and in those known to have an inherited or acquired bleeding diathesis.

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WARNING: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B₁₂ is deficient.

PRECAUTIONS: Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

CAUTION: Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

DOSEAGE AND ADMINISTRATION: One tablet and one capsule daily or as directed by a physician.

Store at controlled room temperature.

NOTICE: Contact with moisture can discolor or erode the tablet.

HOW SUPPLIED: Six child-resistant blister packs of 5 tablets and 5 capsules each - NDC 0178-0893-30

To report a serious adverse event or obtain product information, call (210) 686-8400.

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C02 Rev 01/0090

Mission
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DHA capsules manufactured for:
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San Antonio, TX, USA 78230 1355
Prenatal tablets manufactured by:
MISSION PHARMACAL COMPANY
San Antonio, TX, USA 78230 1355

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Fem-Ease
Dual-iron delivery

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life'sDHA
EPA and DHA

Trademark of Atlantic Biochemical Corporation
U.S. Patent No. 5,467,957
U.S. Patent No. 5,492,838

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