

equate®

Compare to
**Centrum®
Silver®
Men 50+
Ingredients†**

Complete Multivitamin

MEN'S 50+

Multivitamin/Multimineral Supplement
Supports Heart, Eye &
Immune Health**

• A Thru Z

**100
TABLETS**

**This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 3,500 IU (29% as Beta-Carotene)	70%	Biotin 30 mcg	10%	Molybdenum 50 mcg	67%
Vitamin C 120 mg	200%	Pantothenic Acid 10 mg	100%	Chloride 72 mg	2%
Vitamin D 600 IU	150%	Calcium 250 mg	25%	Potassium 80 mg	2%
Vitamin E 60 IU	200%	Phosphorus 20 mg	2%		
Vitamin K 60 mcg	75%	Iodine 150 mcg	100%	Boron 150 mcg	*
Thiamin 1.5 mg	100%	Magnesium 50 mg	13%	Nickel 5 mcg	*
Riboflavin 1.7 mg	100%	Zinc 15 mg	100%	Silicon 2 mg	*
Niacin 20 mg	100%	Selenium 100 mcg	143%	Vanadium 10 mcg	*
Vitamin B6 6 mg	300%	Copper 0.7 mg	35%	Lutein 300 mcg	*
Folic Acid 300 mcg	75%	Manganese 4 mg	200%	Lycopene 600 mcg	*
Vitamin B12 100 mcg	1667%	Chromium 60 mcg	50%		

Ingredients: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Ascorbic Acid (Vit. C), Magnesium Oxide, dl-Alpha Tocopheryl Acetate (Vit. E), Microcrystalline Cellulose, Gelatin, Acacia, Croscarmellose Sodium, Stearic Acid, Polyvinyl Alcohol, Niacinamide, Zinc Oxide, Crospovidone, Calcium Silicate, Manganese Sulfate, Calcium Pantothenate, Talc, Titanium Dioxide Color, Silicon Dioxide, Pyridoxine Hydrochloride (Vit. B6), Magnesium Stearate, Polyethylene Glycol, Thiamine Mononitrate (Vit. B1), Lecithin, Cupric Sulfate, Riboflavin (Vit. B2), Sodium Borate, Vitamin A Acetate, Lycopene, FD&C Yellow #6 Aluminum Lake, Beta-Carotene, FD&C Blue #2 Aluminum Lake, Chromium Picolinate, Folic Acid, Lutein, Sodium Selenate, Potassium Iodide, Sodium Molybdate, FD&C Red #40 Aluminum Lake, Cyanocobalamin (Vit. B12), Phytonadione (Vit. K), Sodium Metasilicate, Biotin, Nickel Sulfate, Sodium Metavanadate, Cholecalciferol (Vit. D3). **CONTAINS: SOY Gluten Free**

*Daily Value (DV) not established.

SUGGESTED USE: Adults – Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

As with any supplement, if you are taking medication or have a medical condition, ask a doctor before using this product. If you are pregnant or nursing a baby, ask a doctor before using this product.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (excluding that sourced from beta-carotene) may increase the risk of osteoporosis in adults. Do not take this product if taking other vitamin A supplements.

Keep out of reach of children.

Store at room temperature. Keep bottle tightly closed.

Questions or comments? 1-888-287-1915

Do not use if printed seal under cap is broken or missing

Satisfaction guaranteed – for questions or comments please call **1-888-287-1915**.

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