

Direction for Use: Add packet of **All Natural Whey™** to a 3-4 oz glass of water, milk, juice or blend with yogurt and fruit. When mixing, add liquid first, then powder and stir briskly until completely dispersed.

Supplement Facts

Serving Size 1 Packet (approx. 24.3 grams)
Servings Per Container: 10

	Amount Per Serving	% Daily Value*
Calories	90	
Calories from Fat	9	
Total Fat	1g	2%
Saturated Fat	0g	0%
Trans Fat	0g	1
Cholesterol	20mg	2%
Sodium	40mg	2%
Potassium	110mg	3%
Total Carbohydrates	1.5g	<1%
Dietary Fiber	0g	0%
Sugars	1g**	1
Protein	18g	36%

Vitamin A $\pm$ 2% • Vitamin C $\pm$ 1%

Calcium 14% • Iron <1%

*Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

**NO SUGARS ADDED. Sugars naturally occur in Whey Proteins and natural flavoring.

Contains NO egg, peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Contains dairy and soy lecithin (<1%).

Ingredients: NUTRO OPTIMIZER (Ultrafiltered Low Temperature Processed Whey Protein Concentrate, Crossflow Microfiltered Whey Protein Isolate, L-Glutamine & NitroZyme™ - a proteolytic enzyme preparation containing bioactive peptidases derived from a plant source), Natural Vanilla Flavor, Carrageenan, Stevia, Iso Man Gao & Salt.

- NO Aspartame or Acesulfame K • Highest Biological Value Protein
- ZERO Added Sugars • No MSG

6 09492 72094

Formulated by & Manufactured for
MRM
3646 Vista Pacific Dr.
Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6394

Typical Amino Acid Profile Per 24.3g Serving

Alanine	800mg
Arginine	400mg
Aspartic Acid	1910mg
Cysteine	320mg
Glutamic Acid	3000mg
L-Glutamine	1000mg
Glycine	400mg
Histidine	250mg
Isoleucine	1110mg
Leucine	1630mg
Lysine	1540mg
Methionine	350mg
Phenylalanine	520mg
Proline	1070mg
Serine	910mg
Threonine	1040mg
Tryptophan	380mg
Tyrosine	420mg
Valine	1040mg

The Protein Blend in All Natural Whey™ contains the following supportive immunofactors:
68-92% beta-lactoglobulin
18-22% alpha-lactoglobulin
20-22% glyco-macro-peptide
2% immunoglobulins
0.5-1% lactoferrin

Notes: Use this product as a food supplement only. Do not use for weight reduction.

Special Processing & Blend

All Natural Whey™ provides an optimal source of whey protein by combining an ultrafiltered, low temperature processed whey protein concentrate with crossflow microfiltered whey protein isolate. These specialized processing systems ensure a High Biological Value (HBV) whey source in the form of whole proteins in their biologically active state. **All Natural Whey™** is also remarkably high in Branched Chain Amino Acids (BCAAs), which are the most required amino acids needed to replenish muscle stores that are utilized during strenuous exercise.**

Contains **10** Individual Packs

100% ALL NATURAL
MRM™

Whey

NO ARTIFICIAL SWEETENERS
NO ARTIFICIAL FLAVORS
1000mg L-GLUTAMINE ADDED PER SERVING

Hormone Free, and BSE Free!

Creamy & Delicious
Mixes Instantly

Rich Vanilla

Dietary Supplement
Net Weight (243g)
10 Packets

**This statement has not been evaluated by the Food and Drug Administration (FDA).
This product is not intended to diagnose, treat, cure or prevent any disease.

The Next Generation Protein

The biochemists at MRM have taken protein supplementing to the next level, without the worry of wasting ingested protein. The addition of NitroZyme™ helps breakdown long and short chain amino acids into smaller, more readily absorbable amino acids for maximum absorption.** NitroZyme™ helps the body release more amino acids directly into the muscles to increase muscle size, strength and lean body mass.**

Added L-Glutamine

All Natural Whey™ also contains 1g of L-Glutamine (in addition to naturally occurring L-Glutamic acid) per serving to assist athletes in decreasing their recovery time following exercise.**

Supports Immune Health

Specific characteristics of whey proteins have shown an ability to support immune health.** Whey protein contains high amounts of cysteine and other substrates used in the synthesis of Glutathione.** Glutathione is a major antioxidant and supports immune health.**