

Amount Per Serving	%Daily Value*	
Selenium (as L-Selenomethionine)	50mcg	71%
Chromium (as Chromium Citrate)	200mcg	167%
Boron (as Potassium Borate)	3mg	†
Silica (as Colloidal Silica)	10mg	†
Organic Horsetail	225mg	†
Vanadium (as Vanadyl Sulfate)	50mcg	†
Choline (as Choline Bitartrate)	25mg	†
Inositol (as Inositol Hexanicotinate)	30mg	†
PhytoShield™ Blend		
Fructooligosaccharides (Chicory)	200mg	†
Broccoli Powder (Sulforaphanes)	100mg	†
Tomato Powder (Lycopene)	100mg	†
Rosemary Powder (Carsonic Acids)	75mg	†
Glycyrrhizin (Licorice Root)	30mg	†
Parsley Powder	30mg	†
Celery Seed Powder	30mg	†
Polyphenols (Green Tea Extract)	10mg	†
Allicin (Odorless Garlic)	300mcg	†

*Percent Daily Value based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Stearic acid, Magnesium Stearate and Cellulose.

Contains **NO** milk, egg, peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Contains Soy.

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Lot#
Best if used by:



Beyond Basics™

Multi-Vitamin/Mineral

➤ **IRON FREE** ◀

➤ **Promotes Optimum Antioxidant Protection & Long-Lasting Energy**** ◀

DIETARY SUPPLEMENT
180 VEGETARIAN CAPLETS

**This statement has not been evaluated by the Food and Drug Administration (FDA).
This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Usage: Take 1 caplet 3 times daily with meals or as directed by your qualified healthcare provider.

Supplement Facts

Serving Size 3 Vegetarian Caplets
Servings Per Container 60

Amount Per Serving	%Daily Value*	
Vitamin A (as Beta-Carotene; Palmitate)	15,000 IU	300%
Vitamin C (as Ascorbic Acid)	500mg	833%
Vitamin E (as d-Alpha Tocopheryl Acetate)	200 IU	667%
Vitamin B1 (as Thiamine HCl)	20mg	1333%
Vitamin B2 (as Riboflavin)	30mg	1765%
Vitamin D2 (as Ergocalciferol)	400 IU	100%
Vitamin K1 (as Phylloquinone)	60mcg	75%
Niacin:Niacinamide (1:1)	30mg	150%
Pantothenic Acid (as Calcium d-Pantothenate)	25mg	250%
Vitamin B6 (as Pyridoxine HCl)	20mg	1000%
Vitamin B12 (as Cyanocobalamin)	200mcg	3333%
Biotin	75mcg	25%
Folic Acid	400mcg	100%
Calcium (as Calcium Carbonate:Citrate 4:1)	200mg	20%
Magnesium (as Magnesium Glycinate)	125mg	31%
Zinc (as Zinc Citrate)	10mg	67%
Copper (as Copper Citrate)	2mg	100%
Potassium (as Potassium Citrate)	75mg	2%
Molybdenum (as Molybdate)	100mcg	133%
Iodine (from Kelp)	150mcg	100%

Formulated by & Manufactured for:
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