

SUGGESTED USAGE: Add 1 level scoop (43 g) daily to 8 oz. of cold water, milk, or your favorite juice, and blend.

NOW® Whey Protein is a delicious blend of three of the highest quality whey protein concentrates and isolates from around the world: Microfiltered, Ultrafiltered and Enzymatically Hydrolyzed (partially predigested). This blend of specially processed whey proteins is designed to maximize amino acid absorption and Biological Value (BV). In addition, extra L-Glutamine has been added (830 mg per serving) to this blend.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening. Please Recycle.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Formulated & Distributed by NOW FOODS
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Made in the USA

CODE 2173C V8



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PREMIUM Whey Protein Natural Vanilla

No Artificial Ingredients
Enhanced Formula with Higher Isolate Content
Microfiltered • Ultrafiltered
Branched Chain Amino Acids
Added Glutamine

Net Wt. 1.2 lbs. (544 g)



Nutrition Facts

Serving Size 1 Level Scoop (43 g)
Servings Per Container about 13

Amount Per Serving

Calories 160 **Calories from Fat 10**

% Daily Value*

Total Fat 1 g	2%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 60 mg	20%
Sodium 105 mg	4%
Potassium 190 mg	5%
Total Carbohydrate 5 g	2%
Dietary Fiber 2 g	8%
Sugars 1 g	
Xylitol < 1 g	
Protein 30 g	60%

Vitamin A 0%	•	Vitamin C 0%
Calcium 15%	•	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		2,000 Calories	2,500 Calories
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 43 g Serving
L-Histidine	450
L-Isoleucine***	1712
L-Leucine***	3120
L-Lysine	2600
L-Methionine	734
L-Phenylalanine	885
L-Threonine	1914
L-Tryptophan	455
L-Valine***	1529
Non-Essential Amino Acids	
L-Alanine	1442
L-Arginine	762
L-Aspartic Acid	2969
L-Cysteine	629
L-Glutamic Acid	5400
L-Glutamine	830
Glycine	497
L-Proline	1725
L-Serine	1389
L-Tyrosine	875

** subject to natural variability

Ingredients: Whey Protein Blend (Microfiltered Whey Protein Isolate (including β -lactoglobulin, α -lactalbumin, Immunoglobulins and Glycomacropeptides), Ultrafiltered Whey Protein Concentrate (including β -lactoglobulin, α -lactalbumin, Immunoglobulins and Serum Albumin) and Enzymatically Hydrolyzed Whey Protein Concentrate), Natural Vanilla Flavor, Free-Form L-Glutamine, Xanthan Gum, Xylitol and BetterStevia™ (Organic Stevia Extract (Leaf)). Contains milk and soy.

***Branched Chain Amino Acids