

WITH CAUTION 

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XTREME ZMA®

LEAN MUSCLE | STRENGTH | RECOVERY

- INCREASES FREE TESTOSTERONE LEVELS ‡
- PROMOTES LEAN MUSCLE MASS ‡
- REGULATES CELLULAR GROWTH AND ENHANCES TISSUE REPAIR ‡

INCLUDES:

10.5mg Vitamin B6
450mg Magnesium
30mg Zinc



TRAINING RECOVERY COMPLEX

DIETARY SUPPLEMENT | 90 CAPSULES

Supplement Facts

Serving Size: 3 Capsules For Men (2 Capsules For Women)
Servings Per Container: 30 For Men (45 For Women)

Amount Per Serving	% Daily Value*			
	Men		Women	
Vitamin B6 (as Pyridoxine HCL)	10.5mg	525%	7mg	350%
Magnesium (as Aspartate)	450mg	113%	300mg	75%
Zinc (as L-Monomethionine and Aspartate)	30mg	200%	20mg	133%

* Percent Daily Value based on a 2000 calorie diet.

Other Ingredients: Gelatin, Magnesium Stearate

ZMA® is a Federal trademark of SNAC System, Inc., San Carlos, CA 94070

 Carefully Manufactured in the U.S.A.



RECOMMENDED USE: Take 3 capsules daily (2 for women), preferably on an empty stomach 30 - 60 minutes before bedtime. For best results, avoid taking with dairy or other calcium-containing foods or supplements.

Stack with SYNTHROID™ for maximum boost of testosterone level and strength. Stack with MYONOX™, MYOSWELL™, and/or MYOTEIN™ to maximize muscle growth. ‡

WARNING: Not recommended for persons under the age of 18. Do not exceed the recommended dose. Consult with your physician before using this product. Do not use this product if you are pregnant, nursing, or have any medical condition(s). Discontinue use two weeks prior to surgery. This product is intended for use by healthy individuals only. Do not use if packaging has been tampered with. Store in a cool, dry place. KEEP OUT OF REACH OF CHILDREN.

ZMA® is a unique patent-pending anabolic formula containing highly bioavailable forms of zinc and magnesium, including zinc L-monomethionine. Formulated with vitamin B-6 to further enhance zinc and magnesium absorption and utilization, ZMA® is a powerful non-steroidal, all-natural dietary supplement clinically proven to:

- Increase muscle strength
- Increase muscle power
- Increase free testosterone levels

ZMA® is the original zinc-magnesium supplement and the only one validated by the published research. ‡

Note: Please be advised that imitation Zinc Magnesium Aspartate products are not the same as ZMA® and may not produce the same results that were obtained in the ZMA® study.

‡ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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DIETARY SUPPLEMENT

XTREME PHARMACEUTICAL INNOVATIONS™

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