

Complete E is an all natural, Full Spectrum Vitamin E with added Tocotrienols, CoQ10, Alpha Lipoic Acid (ALA) and Vitamin C. Vitamin E, specifically gamma tocopherol, is well known for its powerful antioxidant properties.** Like Vitamin E, Tocotrienols exhibit antioxidant protection, especially against lipid peroxidation, therefore rendering powerful support for cardiovascular health.** ALA and Vitamin C substantially add to Vitamin E's ability to scavenge free radicals and protect the cells from toxins and aging.**

- **Complete Antioxidant Protection**
- **Advanced Complex with 35mg Tocotrienols from Palm Fruit Extract**
- **With added Vitamin E Recyclers- ALA & Vitamin C**

Formulated by & Manufactured for:
MRM
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**This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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Best if used by:



Complete *E*

Full Spectrum Vitamin E

➤ **With Gamma Tocopherol & Tocotrienols** ◀

DIETARY SUPPLEMENT
60 SOFTGELS

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Suggested Usage: Take 2 softgels daily with a meal or as directed by your qualified health care provider.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving		%Daily Value*
Vitamin E (as d-alpha tocopherol)	400 IU	1,333%
(Natural Tocopherol Mixture & Palm Fruit Extract)		
Vitamin C (as ascorbyl palmitate)	120 mg	200%
Natural Tocopherol Mixture		
d-alpha tocopherol	254 mg	†
d-beta tocopherol	15 mg	†
d-delta tocopherol	120 mg	†
d-gamma tocopherol	290 mg	†
Palm Fruit Tocotrienol Extract (Supplying 35 mg d-Tocotrienols)		
d-alpha tocotrienol	13 mg	†
d-beta & delta tocotrienol	6 mg	†
d-gamma tocotrienol	16 mg	†
d-alpha tocopherol	8.75 mg	†
Phytosterols	5 mg	†
Alpha Lipoic Acid	50 mg	†
CoEnzyme Q10	30 mcg	†

*Percent Daily Value based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Sesame oil, natural beeswax and sunflower lecithin. Softgel made with gelatin, glycerin, purified water and caramel.

Contains **NO** milk, egg, peanut, tree nut, fish, shellfish, wheat, gluten, yeast, or artificial colors.

Vitamin E from palm fruit and soy derivatives.