

CAPSULE SIZE

Made in the USA



CODE 0088 V2

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.
Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 2 to 3 times daily as needed, preferably with juice or water on an empty stomach.
GABA (Gamma-Aminobutyric Acid) is a non-protein amino acid that functions as a neurotransmitter in the human brain. GABA is known as the brain's own calming agent and is naturally produced in the body. By supporting a naturally balanced level of brain stimulation, GABA's presence within the central nervous system may help promote relaxation and ease nervous tension.* NOW provides only the naturally occurring L-form of GABA as found in food, as well as in the body.



GABA

NATURAL NEUROTRANSMITTER

500 mg

- Brain's Natural Calming Agent*
- Natural L-Form
- With Vitamin B-6

200 Capsules
A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine Hydrochloride)	2 mg	100%
GABA (Gamma-Aminobutyric Acid)	500 mg	†

† Daily Value not established.

Other ingredients: Rice Flour, Gelatin (capsule), Silica and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
For more product information visit www.nowfoods.com/0088

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.