Recommended Use: Take with meals. 3 capsules in the morning and 3 at night.

Natural: No preservatives, artificial flavors or colors. No yeast, milk lactose, wheat or corn.

Warning: KEEP OUT OF CHILDREN'S REACH. In case of an accidental overdose, seek professional assistance or contact a poison control center immediately.

The statements made hereon have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

Dist. By: Advantage Nutraceuticals Orem, UT 84057 U.S.A. ©2013 Advantage Nutraceuticals. LLC

Made In USA



PRENATALGYN

Prenatal Multivitamin & Essential Nutrients

180 Capsules
Dietary Suppleme

Supplement Facts

Serving Size: 6 Capsules Servings Per Container: 30

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Amount Per Serving		% DV 1
Vitamin A (as Acetate)	5000 IU	63%
Vitamin C (as Ascorbic Acid)	250mg	417%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha Tocopheryl Succinate)	100 IU	333%
Thiamine (Vitamin B1, as Thiamine Mononitrate)	4.5mg	265%
Riboflavin (Vitamin B2)	4.5mg	225%
Niacin (Vitamin B3, as Niacinamide)	45mg	225%
Vitamin B6 (as Pyridoxine)	22mg	880%
Folic Acid (Vitamin B9)	1000mcg	125%
Vitamin B12 (as Methylcobalamin)	18mcg	225%
Biotin	450mcg	150%
Pantothenic Acid (Vitamin B5, as D-Calcium Pantothenate)	20mg	200%
Calcium (as Calcium Carbonate)	1000mg	77%
Iron (as Ferrous Bisglycinate Chelate, Ferrochel®)	18mg	100%
lodine (as Potassium Iodine)	150mcg	100%
Magnesium (as Magnesium Oxide)	430mg	96%
Zinc (as Zinc L-Methionine, L-OptiZinc®)	3mg	20%
Selenium (as L-Selenomethionine)	1mcg	1%

Manganese (as Manganese AAC)	2mg	100%
Chromium	20mcg	17%
(as Chromium Polynicotinate, ChromeMate®)		
Potassium (as Potassium Citrate)	10mg	< 1%
Probiotic Blend	150mg	
Lactobacillus Casei		,
Lactobacillus Plantarum		,
Lactobacillus Salivarius		,
Lactobacillus Acidophilus		*
Lactobacillus Rhamnosus		*
Lactobacillus Thermophilus		,
Diffidahaatarium Diffidum		*

% DV

2mg 100%

250mg

200ma

50ma

25mg

25mg

Amount Per Serving

Copper (as Copper AAC)

Bifidobacterium Infantis
Bifidobacterium Longum
Bifidobacterium Breve
Ginger (5% Gingerols)

DHA (Docosahexaenoic Acid)

Coenzyme Q10

Choline Bitartrate

Inositol

† Percent Daily Values for Pregnant and Lactating Women

* Daily Value not established

Other Ingredients: Gelatin, Magnesium Stearate