



What is Pro Performance® AMP Amplified Ripped Non-Stimulant Vitapak® Program?

The best-trained athletes know that targeted nutritional support is essential to achieve maximum results. Pro Performance® AMP Amplified Ripped Non-Stimulant Vitapak® Program is scientifically designed for individuals who want maximum metabolism support without caffeine.*

Mega Men® Sport – This powerful, clinically studied* multivitamin formula includes critical components to fill important nutrient gaps in regular supplementation programs. Mega Men® Sport contains B vitamins and key minerals important for energy production and carbohydrate metabolism.* It also provides a joint-cushioning blend for healthy joint cartilage as well as a broad spectrum of cell-defending antioxidants to assist with immunity support.*

CLA – Features 4 grams of CLA that actively targets fat metabolism and is clinically proven to support healthy body composition and shredded muscles.* Conjugated Linoleic Acid (CLA) is a naturally occurring fatty acid that is present in cheese and ground beef (types of food often excluded by restricting dietary intake). CLA helps maintain lean muscle mass, enhances your diet and supports your metabolism.

Waterex™ – Excess water-retention beneath the skin can interfere with that ripped look you work hard for in the gym. Waterex™ is an herb-based water-balance formula designed to help regulate excess fluids while supplying vital electrolytes that keep muscles primed for performance.*

Decaf Thermo Igniter 12x – Push your performance to a higher level! This non-stimulant thermogenic formula combines green coffee extract and garcinia cambogia with a proven blend of piperine, Capsimax™ and niacin to help support metabolism.*

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvements in markers of B vitamin and antioxidant status, as well as improvements in SF-36 Vitality and Mental Health scores compared to those taking a placebo.

Potent Multi-Function Non-Stimulant System to Support a Ripped Physique

1.
MUSCLE FUELING
Multivitamin with
48 QUALITY
NUTRIENTS

2.
NON-STIMULANT
Metabolism Booster
with CLINICALLY
STUDIED EXTRACTS

3.
BODY DEFINING
Clinically Proven CLA
for FAT METABOLISM

4.
POTENT Water
Regulating Complex
for Water Balance &
Lean Muscle Fuel

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

COMBINES THE MOST CUTTING-EDGE NON-STIMULANT INGREDIENTS
IN ONE CONVENIENT PACK



MEN'S RIPPED
VITAPAK® PROGRAM



- Features GNC's Highest Potency Sports Multivitamin to Fuel a Ripped Physique*
- Advanced Caffeine-Free System Featuring Garcinia & Green Tea for Individuals Who Want Maximum Metabolism Support*
- Actively Targets Fat Metabolism to Support Healthy Body Composition & Shredded Muscles with Clinically Studied CLA*
- Regulates Excess Water as You Strive for Razor-Sharp Detail & Definition*

POTENT NON-STIMULANT
FORMULA

CLINICALLY RESEARCHED



DIETARY SUPPLEMENT
30 PAKS

CODE 347722

DIRECTIONS: As a dietary supplement, for optimal health benefits, take the contents of one packet daily with food every morning. On workout days, for individuals looking to maximize energy production, the Decaf Thermo Igniter 12x (yellow caplet) can be taken 30-60 minutes prior to exercise.

Each pak contains:

Mega Men® Sport

Supplement Facts

Serving Size Two Brown Caplets		
Amount Per Serving	% Daily Value	
Vitamin A (50% as beta-Carotene; 50% as Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	500%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytonadione)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide & Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	200 mg	20%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	50 mg	13%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Chloride (as Potassium Chloride)	72 mg	2%
Potassium (as Potassium Chloride)	80 mg	2%
Branched Chain Amino Acid Blend L-Valine, L-Leucine, L-Isoleucine	150 mg	*
Creatine Precursor Blend Guandimoacetic Acid, Glycine, L-Methionine	100 mg	*
Sports Blend Green Tea Leaves Extract (<i>Camellia sinensis</i>), L-Glutamine, L-Taurine, beta-Alanine (as CarnoSyn®), L-Carnitine	50 mg	*
Joint Cushion Support Blend MSM (Methyl Sulfonyl Methane), Collagen, Hyaluronic Acid (HA)	50 mg	*
alpha-Lipoic Acid	25 mg	*
Choline (as Choline Bitartrate)	10 mg	*
Inositol	10 mg	*
Silica	4 mg	*
Boron (as Hydrolyzed Protein Chelate)	2 mg	*
Lutemax 2020™ Lutein	950 mcg	*
Lycopene	950 mcg	*
Zeaxanthin (as Zeaxanthin Isomers)	190 mcg	*
Astaxanthin	50 mcg	*
Vanadium (as Sodium Metavanadate)	10 mcg	*

* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

ACTUAL SIZE

For Maximum Performance and Physique
Shredding Support, STACK WITH:

- Genetix-HD® Iso-Define™ Protein
- Pro Performance® AMP Amplified Ripped
- Triple Strength Fish Oil 1240 Sport

CarnoSyn® Carnosine Synthesizer

Clarinol® CLA is a registered trademark of Lipid Nutrition.

Lutemax 2020™ Lutein

Capsimax™ is a trademark of OmniActive Health Technologies.

WARNING: For adult use only. Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Wheat, No Gluten, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

Decaf Thermo Igniter 12x

Supplement Facts

Serving Size One Yellow Caplet		
Amount Per Serving	% Daily Value	
Niacin	20 mg	100%
Capsimax™ Capsicum Fruit Extract (<i>Capsicum annuum</i>)	33.34 mg	*
Black Pepper Fruit Extract (<i>Piper nigrum</i>)(5% Piperine = 5 mg)	10 mg	*
EGCG (Epigallocatechin Gallate)	50 mg	*
Green Coffee Bean Extract (<i>Coffea sp.</i>) (45% Chlorogenic Acids = 90 mg)	200 mg	*
Garcinia cambogia Fruit Extract (50% Hydroxycitric Acid = 125 mg)	250 mg	*

* Daily Value not established.

CLA

Supplement Facts

Serving Size Four Yellow Softgel Capsules		
Amount Per Serving	% Daily Value	
Calories	45	
Calories from Fat	45	
Total Fat	5 g	8%†
CLA (Conjugated Linoleic Acid)(from Safflower Oil)	4000 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

Waterex™

Supplement Facts

Serving Size One Gray Filled Capsule		
Amount Per Serving	% Daily Value	
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1250%
Magnesium (as Magnesium Oxide)	25 mg	6%
Potassium (as Potassium Chloride)	25 mg	1%
Proprietary Blend	50 mg	*

Garlic Clove Powder (*Allium sativum*), Parsley Herb Powder (*Petroselinum crispum*), Uva Ursi Leaf Extract (*Arctostaphylos uva ursi*), Elderberry Fruit Powder (*Sambucus nigra*), Horsetail Rush Stems Powder (*Equisetum arvense*), Fennel Seed Powder (*Foeniculum vulgare*), Corn Silk Powder (*Zea mays*), Hydrangea Root Powder (*Hydrangea arborescens*), Juniper Berries Extract (*Juniperus communis*)

* Daily Value not established.

Other Ingredients: Lactose, Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycerides, Riboflavin (Color).

CONTAINS: MILK.

Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Other Ingredients: Gelatin, Glycerin.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

Other Ingredients: Cellulose, Gelatin.
Conforms to USP <2091> for weight.
Meets USP <2040> disintegration.

ACTUAL SIZE

GNC QUALITY COMMITMENT For more than 78 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

GNC GUARANTEE If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.