

Max Muscle Sports Nutrition (MMSN) is proud to introduce **MAX Gluta MATRIX™**, a great tasting supplement that contains three different sources of glutamine in one easy to use tasting powder! The Research & Development Team at MMSN has specialized in high quality glutamine supplements for over a decade, and **MAX Gluta MATRIX™** takes it to the next level with multi-source **Gluta-Tri Triple Fusion™** technology, an advanced proprietary blend consisting of 3 unique forms of glutamine delivery.

Glutamine is the original free form amino acid compound which easily crosses the gut to reach the blood stream. Glutamine peptides or glutamine dipeptides are compounds where glutamine is either bound to the amino acid alanine forming alanyl-L-glutamine or bound to the amino acid glycine forming glycyl-L-glutamine. Glutamine peptides are absorbed intact. Due to increased solubility and stability, glutamine peptides are delivered more rapidly and efficiently to skeletal muscles and other target tissues. Acetyl-L-Glutamine is a new and unique form of glutamine and is also called N-acetyl-L-glutamine (NAG). This form of glutamine is more stable and soluble than other forms. This form is useful for replenishing brain neurotransmitters after a hard workout.¹

Glutamine is a "conditionally essential" amino acid and is the most abundant amino acid in the body and in skeletal muscles (60%). Glutamine is often depleted due to over training, stress and poor diet. Research indicates that bodybuilders, fitness and strength athletes, and other active people often do not produce enough glutamine within their livers to restore critical glutamine levels within a reasonable time frame following training. Supplemental glutamine can be utilized to repair heavily trained muscles and support the natural production of human growth hormone, which is important to muscle recovery and gains. Glutamine also supports the immune system and healthy gut function. Research suggests that more frequent dosages of glutamine are more effective than larger less frequent dosages at providing GH, muscle recovery, and immune function support.¹

Train hard and get the most from your workouts with **MAX Gluta MATRIX™**!



¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



WARNING STATEMENT

NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Please consult your physician before implementing any new diet, exercise, and dietary supplement programs, especially if you have pre-existing medical conditions or taking prescribed medications. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience unexpected side effects. Improper use of this product may be hazardous to a person's health. Drink at least 2 liters of water daily when using this product.



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**FEATURING
GLUTA-TRI
TRIPLE
FUSION
TECHNOLOGY**

MAX GLUTA MATRIX™

ADVANCED GLUTAMINE COMPLEX

Accelerates Muscle Repair & Recovery¹

Maintains Healthy Lean Muscle Composition¹

Supports Post-Exertion Immune Function¹

Promotes Intestinal Health¹



UNFLAVORED
DIETARY SUPPLEMENT
NET WT. 680G (1.5 lbs)



Directions: As a dietary supplement mix one heaping scoop (approximately 22 g) with eight (8) ounces of cold water or added to your favorite protein shake. Consume in divided doses, between meals. For post-workout recovery, consume not more than 30 minutes after your workout.

Supplement Facts

Serving Size: One (1) Scoop (Approx. 22g)

Servings Per Container: 31

	Amount Per Serving	% DV*
Calories	64	
Calories from Fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	5 mg	<1%
Potassium	0 mg	0%
Total Carbohydrate (from High Molecular Weight Maltodextrin and Dextrose)	16 g	5%
Dietary Fiber	0 g	0%
Sugars (Dextrose)	8 g	**
Protein	0 g	0%
Gluta-Tri Triple™ Fusion Proprietary Blend L-Glutamine, Glutamine Peptides (from hydrolyzed gluten), N-Acetyl-L-Glutamine	5 g	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: NONE

Contains: Wheat (hydrolyzed gluten). Manufactured in a facility that processes milk, egg, fish, Crustacean shellfish, tree nuts, wheat and soybeans.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE AWAY FROM
MOISTURE, SUNLIGHT AND EXCESS HEAT.
ALWAYS KEEP TIGHTLY SEALED.**



To report a serious adverse event, contact:
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