

Recommendation: Take 1 tablet daily, preferably with food. As with any supplement, if you are taking medication consult your doctor before use. Not formulated for women or children. Do not exceed recommended use.

Supplement Facts

Orange; Pineapple

Amount Per Serving		% D1
Vitamin A (50% [3,750 IU] as Vitamin A acetate and 50% [3,750 II	7,500 IU U] as beta caroter	1509 ne)
Vitamin C (ascorbic acid)	175 mg	2929
Vitamin D (as cholecalciferol)	1,000 IU	2509
Vitamin E (as d-alpha tocopheryl succinate)	120 IU	4009
Vitamin K (as phytonadione)	80 mcg	1009
Thiamin (as thiamin mononitrate)	25 mg	1,6679
Riboflavin (Vitamin B2)	25 mg	1,4719
Niacin (as niacinamide)	50 mg	2509
Vitamin B6 (as pyridoxine HCl)	40 mg	2,0009
Folic Acid	800 mcg	2009
Vitamin B12 (as cyanocobalamin)	225 mcg	3,7509
Biotin	325 mcg	1089
Pantothenic Acid (as d-calcium pantothenate)	40 mg	4009
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamniom sp.</i> [whole plant])	100 mg	109
lodine (as potassium iodide)	150 mcg	1009
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamniom sp.</i> [whole plant], as oxide)	50 mg	139
Zinc (as zinc oxide)	30 mg	2009
Selenium (as sodium selenate)	250 mcg	3579
Copper (as copper sulfate)	4 mg	2009
Manganese (as manganese sulfate)	5 mg	2509
Chromium (as chromium picolinate)	250 mcg	2089
Molybdenum (as sodium molybdate)	75 mcg	1009
Potassium (as potassium chloride)	5 mg	<19
Prostate Blend with Lycopene Saw Palmetto (berry); Tomato Extract (fruit) providing 1 of lycopene	105 mg mg (1,000 mcg)	
Orchard Fruits™ Blend Pomegranate (seed); Açaí Extract (whole palm fruit); Jui Cranberry; Blueberry; Strawberry; Blackberry; Bilberry;	nga dan na inasi nga pana bana salata 🐣	

THE MOST COMPLETE ONCE DAILY **MULTI-VITAMIN FOR MEN 50+**

Alive! Ultra Potency is nutrition you can feel with more energizing nutrients from more natural sources than other multi-vitamin brands.

Fruits & Veggies Extra B-vitamins for energy*

1,000 IU of vitamin D3

Plant-based Aquamin® calcium

Potent citrus bioflavonoids

· Prostate, Cardiovascular and Mind & Body Energy support blends*

23 Vitamins & Minerals 26

12

Mushrooms (Organic)

14 Green

Foods

12 Digestive Enzymes

WHOLE BODY NOURISHMENT

with essential nutrients that help support:

PROSTATE HEALTH* Saw Palmetto, Lycopene, Selenium, Zinc MIND & BODY ENERGY* Ginkgo biloba, Ginseng, Rhodiola, Eleuthero

> **BONE HEALTH*** COLON HEALTH*

Boron, Calcium, Folic Acid, Magnesium, Calcium, Folic Acid, Selenium, Manganese, Vitamins D & K Vitamin D

Magnesium, Niacin, Pantothenic Acid, Riboflavin, Thiamin, Vitamin B6

DAILY ENERGY*

HEART HEALTH* Folic Acid, Pomegranate, Resveratrol,

Vitamins B6, B12, C&E

EYE HEALTH*

Lutein, Selenium, Vitamin A (Beta Carotene), Vitamins C & E, Zinc

> IMMUNE DEFENSE* Antioxidants, Selenium, Vitamins A, C& D, Zinc

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Amount Per Serving	9	% D\
Garden Veggies™ Juice Powder Blend Parsley; Kale; Spinach; Wheat Grass; Br Cauliflower; Beet; Carrot; Cabbage; Gar	그 이 이 집 가 이 이 집에 있다면 하고 사용하고 하는데 하는데 이 이 사람이 하는데 이 사람이 되었다.	i;
Mind & Body Energy Blend Ginkgo biloba Extract (leaf); Siberian Ele (root) standardized to 3% rosavins and Gotu Kola (stem, leaf)		
Cardiovascular Blend with Resveratrol Hawthorn (berry); Japanese Knotweed s Coenzyme Q10 (ubiquinone)	20 mg standardized to 50% resveratrol;	**
Green Food/Spirulina Blend Spirulina (microalgae); Kelp/Bladderwra Barley Grass (grass); Dandelion (leaf); W Lemon Grass (grass); Nettle (leaf); Bless Chlorella (broken-cell microalgae); Plant algae); Cilantro (leaf)	/heat Grass (grass); Melissa (leaf); sed Thistle (stem, leaf, flower);	100
Organic Mushroom Defense Blend Cordyceps; Reishi; Shiitake; Hiratake; M sutake; Kawaratake; Chaga; Zhu Ling; A	[2] 사람이 아니라	*
Digestive Enzyme Blend Concentrated enzyme formula (Protease Lactase, Invertase, Lipase, Cellulase, Alp Bromelain (from pineapple); Papain (from	oha Galactosidase); Betaine HCI;	ase,
	777777777777777777777777777777777777777	*
Citrus Bioflavonoid Complex (from lemon, orange, grapefruit, lime, ta Naringin, Narirutin, Eriocitrin, Flavonols		
(from lemon, orange, grapefruit, lime, ta Naringin, Narirutin, Eriocitrin, Flavonols	ngerine) providing: Hesperidin,	**
(from lemon, orange, grapefruit, lime, ta Naringin, Narirutin, Eriocitrin, Flavonols Choline (as choline bitartrate)	ngerine) providing: Hesperidin, and Flavones	_
(from lemon, orange, grapefruit, lime, ta Naringin, Narirutin, Eriocitrin, Flavonols Choline (as choline bitartrate) Inositol	ngerine) providing: Hesperidin, and Flavones 20 mg	***
(from lemon, orange, grapefruit, lime, ta Naringin, Narirutin, Eriocitrin, Flavonols Choline (as choline bitartrate) Inositol Oat Beta Glucan Concentrate	ngerine) providing: Hesperidin, and Flavones 20 mg 20 mg	*
(from lemon, orange, grapefruit, lime, ta	ngerine) providing: Hesperidin, and Flavones 20 mg 20 mg 10 mg	*

Other ingredients: Cellulose, Vegetable stearic acid, Vegetable modified cellulose gum, Silica, Vegetable modified cellulose, Vegetable magnesium stearate, Vegetable glycerin

Contains no salt, sugar, yeast, wheat grain, dairy products, artificial flavoring, colors or preservatives.

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