

100% Quality Ingredients

Max BCAA by MM Sports Nutrition has been formulated to help supplement the body with the amino acids Leucine, Isoleucine and Valine. These specific amino acids comprise what are known as Branched-Chain Amino Acids (BCAA's). These amino acids are found in high concentration within muscle tissue (app 35%). They are needed for the maintenance of muscle and may preserve glycogen stores and help prevent muscle protein breakdown during exercise. †

Studies have shown that BCAA supplementation may increase nitrogen retention, which minimizes the loss of lean muscle tissue during dieting and intense training. Studies also show that supplementation of BCAA's may increase the amount stored within the muscle after training. This may reduce recovery time and aid in the repair of muscle tissue. MM Sports Nutrition has also included vitamin B6, vitamin B12, and Zinc to help optimize protein assimilation and recovery. †

Max BCAA is a powerful formula to help bodybuilders and active individuals get the most from their diet and exercise program. †

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**RAPID RECOVERY
& REPAIR FORMULA!**

max bcaa

BRANCHED-CHAIN AMINO ACIDS

- L-Leucine • L-Isoleucine • L-Valine
- Vitamin B12 • Vitamin B6 • Zinc Oxide

DIETARY SUPPLEMENT • 180 TABLETS

Directions: As a dietary supplement to aid in muscle growth and recuperation, take 4 tablets 30-60 minutes after your workout with water.

Supplement Facts

Serving Size: 4 Tablets

Servings Per Container: 45

	Amount Per Serving	%DV*
Vitamin B6 (pyridoxine HCl)	5mg	250%
Vitamin B12 (cyanocobalamin)	6mcg	100%
Zinc (oxide)	5mg	33%
Max BCAA Blend		
L-Leucine	1.2g	**
L-Isoleucine	600mg	**
L-Valine	600mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily value not established.

Ingredients: Microcrystalline cellulose, cellulose, stearic acid, talc, silicon dioxide, sodium carboxymethylcellulose, acacia, magnesium stearate.

Allergy Information: Manufactured in a facility that processes milk, egg, shellfish, tree nuts, wheat and soy.

**KEEP OUT OF THE REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE AWAY FROM
MOISTURE, SUNLIGHT. ALWAYS KEEP
TIGHTLY SEALED.**

To report a serious adverse event, contact:

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