L-Glutamine is the most abundant amino acid in the body (including the brain, muscle and blood). The concentration of free glutamine appears to influence whether muscles will be broken down (*catabolism* - low glutamine content) or built up (*anabolism* - high glutamine content).** Glutamine acts as a "nitrogen shuttle" by picking up and dropping off nitrogen around the body. Nitrogen is an essential component of DNA, and vital for building muscle.** Glutamine is a prominent contributor to the functional integrity of the intestines and serves as an energy source for these highly active cells.** Overall, **L-Glutamine** supports muscle growth and recovery, immune and intestinal health, and preserves muscles after intense training and during times of stress or sickness.**

** This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

6 09492 72105 _ Lot #:
Best if used by:

MRM™
METABOLIC RESPONSE MODIFIERS

HPLC TESTED 100% Micronized FOR PURITY

L-Glutamine 1500™

HIGH POTENCY

ANTI-CATABOLIC**
OPTIMIZES RECOVERY**
ESSENTIAL FOR PROTEIN SYNTHESIS**
SUPPORTS INTESTINAL & IMMUNE HEALTH**

Dietary Supplement
150 Capsules

**This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

Suggested Usage: Take 1-2 capsules up to 3 times daily, or as directed by your qualified healthcare provider. For athletes and those training more than 3 times weekly, maximum results will be obtained by taking 2-3 capsules prior to and immediately following intense training session.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 150

	Amount Per Serving	% Daily Value
L-Glutamine	1,500mg	*

*Daily Value not established

Other Ingredients: Capsule is made of gelatin.

Contains **NO** dairy, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast.

Formulated by & Manufactured for:
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