

L-Glutamine™ is the most abundant amino acid in the body (including the brain, muscle and blood). The concentration of free glutamine appears to influence whether muscles will be broken down (*catabolism* - low glutamine content) or built up (*anabolism*-high glutamine content). ** Glutamine acts as a "nitrogen shuttle" by picking up and dropping off nitrogen around the body. Nitrogen is an essential component of DNA and vital for building muscle. ** Glutamine is a prominent contributor to the functional integrity of the intestines and serves as an energy source for these highly active cells. ** Overall, **L-Glutamine™** supports muscle growth and recovery, immune and intestinal health, and preserves muscles after intense training and during times of stress or illness. **

**This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: (See Bottom)
Best if used by: (See Bottom)



METABOLIC RESPONSE MODIFIERS



L-Glutamine 325™

ANTI-CATABOLIC**
OPTIMIZES RECOVERY**
ESSENTIAL FOR PROTEIN SYNTHESIS**
SUPPORTS INTESTINAL & IMMUNE HEALTH**

Dietary Supplement

NET WEIGHT: 0.715 LBS (325g)

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Suggested Usage: Take 1-2 scoops (included) 2-3 times daily or as directed by your qualified healthcare provider. Each scoop provides approximately 1 gram of L-Glutamine. For times of intense training, it may be recommended to use 3-5 scoops 3-4 times per day to support muscle growth, immune health and intestinal health.

Supplement Facts

Serving Size 1 scoop (approx. 1 gram)

Servings Per Container 325 (approx.)

	Amount Per Serving	% Daily Value
L-Glutamine	1,000mg	*

*Daily Value not established

Other Ingredients: No excipients added.

Contains **NO** egg, peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

This product is manufactured in a facility that produces other products and may contain trace amounts of dairy or soy.

Formulated by & Manufactured for:

MRM

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