

• Extra Strength •

Max Joint Relief was designed to do what aspirin cannot, nourish the joints by providing the building blocks for healthy cartilage and connective tissue. When you exercise or work hard your joints can become sore and overworked. The synergistic effects of the ingredients in this proprietary formula have been researched for their effects on joint health. **Max Joint Relief** actually nourishes, lubricates and strengthens by giving your joints what they need.† **Max Joint Relief** combines Glucosamine Sulfate, Chondroitin Sulfate, Methylsulfonylmethane (MSM), Ginger, and Turmeric for added joint health and support. Glucosamine is a basic building block of joint cartilage, which helps to maintain structural integrity of joints and connective tissues. Chondroitin is a naturally occurring nutrient found in connective tissue. It is capable of binding water molecules to lubricate, cushion and support joints. Ginger has been shown to be a powerful antioxidant and Turmeric acts on the COX-2 enzyme. MM Sports Nutrition has combined these ingredients into a single product with synergistic ingredients to optimize your results.† **Max Joint Relief** works gradually to promote joint health and mobility. Allow 4 - 8 weeks of daily use before expecting noticeable results. To get the maximum benefits from **Max Joint Relief** it should be taken consistently over time.†

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ADVANCED JOINT
SUPPORT FORMULA†

joint relief

SYNERGISTIC JOINT COMPLEX

- Supports Joint Cartilage†
- Maintains Connective Tissue†
- Lubricates & Cushions Joints†
- Glucosamine, Chondroitin & MSM!

DIETARY SUPPLEMENT • 120 CAPSULES

Directions: As a dietary supplement take four (4) capsules at once, in the morning with a meal or two (2) capsules twice daily with meals.

Supplement Facts

Serving Size: Four (4) Capsules Servings Per Container: 30

	Amount Per Serving	% DV*
Glucosamine Sulfate (crab, shrimp)	1.5g	**
Chondroitin Sulfate (bovine)	1.2g	**
Methylsulfonylmethane (MSM)	500mg	**
Ginger (Zingiber officinale)	100mg	**
Turmeric (Curcuma longa)	100mg	**

*Percent Daily Values are based on a 2000 calorie diet.

**Daily value not established.

Other Ingredients: Rice Powder, Magnesium Stearate, Gelatin.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician before using this product if you have, or have a family history of, including but not limited to arthritis, diabetes, and shellfish allergy. Consult your doctor if you are taking prescription medications. Drink at least 2 liters of water daily when using this product.

Allergy Information: Contains Glucosamine Sulfate (derived from crustacean shellfish) and Chondroitin Sulfate (derived from bovine). Manufactured in a facility that processes milk, soy and egg proteins, fish and shellfish, peanuts and other tree nuts and wheat.



To report a serious adverse event, contact:
Max Muscle Sports Nutrition
210 W. Teln Ave., Orange, CA 92665
www.maxmuscle.com



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