

Max CLA™ from Max Muscle Sports Nutrition (MMSN) contains ultra premium conjugated linoleic acid (CLA). CLA is a polyunsaturated fatty acid (PUFA) and a unique isomer or special type of omega-6 (linoleic acid) fatty acid and, as the name implies, the double bonds of the linoleic acid are conjugated. Conjugated linoleic acid is naturally found in beef, and dairy products like milk, eggs, butter, yogurt, and many cheeses. Additionally, modern processing methods of meats and dairy have reduced the levels of CLA in these foods and due to low fat diets people eat fewer CLA rich foods. Supplementation is the only effective way to achieve healthy CLA levels and works best when combined with a sensible diet and regular exercise program.¹

Max CLA™ is derived from specially modified safflower oil to provide the highest levels of the two active CLA isomers; *cis-9, trans-11* and *trans-10, cis-12* in the preferred 1:1 ratio. CLA is a fat (lipid) component of cell membranes and found in breast milk. One of the best ways to get your CLA is through **Max CLA™**

Warning: If pregnant or nursing or taking medications, consult a licensed healthcare practitioner prior to use.

KEEP OUT OF REACH OF CHILDREN.

STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE AND SUNLIGHT. ALWAYS KEEP TIGHTLY SEALED.

¹These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



70-05-143 09012

DUAL ISOMER FORMULA



max CLA

CONJUGATED LINOLEIC ACID

DIETARY SUPPLEMENT • 90 Softgels

Directions: As a dietary supplement take two softgels three times per day. Pregnant or lactating women should consult a physician before taking CLA.

Supplement Facts

Serving Size: 2 Softgels
Calories: 18

Servings Per Container: 45
Calories From Fat: 18

	Amount Per Serving	% DV*
Total Fat	2 g	3%
(1,500 mg conjugated linoleic acid from 2,000 mg safflower oil containing 80% CLA)		
Conjugated Linoleic Acid	1,500 mg	**
Safflower Oil Base	500 mg	**

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

**Daily Value not established

Other Ingredients: Softgel consists of gelatin, glycerin, water.

Does not contain: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

ALLERGY INFORMATION: Manufactured in a facility that processes milk, soy and egg proteins, peanuts, other tree nuts and wheat.



To report a serious adverse event, contact:
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