

Max CLA from Max Muscle Sports Nutrition (MMSN) contains ultra premium conjugated linoleic acid (CLA). CLA is a polyunsaturated fatty acid (PUFA) and a unique isomer or special type of omega-6 (linoleic acid) fatty acid and, as the name implies, the double bonds of the linoleic acid are conjugated. Conjugated linoleic acid is naturally found in beef, dairy products like milk, eggs, butter, yogurt, and many cheeses. Additionally, modern processing methods of meats and dairy have reduced the levels of CLA in these foods and due to low fat diets people eat fewer CLA rich foods. Supplementation is the only effective way to achieve healthy CLA levels and works best when combined with a sensible diet and regular exercise program.[†]



Max CLA is derived from specially modified safflower oil to provide the highest levels of the two active CLA isomers; cis-9, trans-11 and trans-10, cis-12 in the preferred 1:1 ratio. CLA is a fat (lipid) component of cell membranes and found in breast milk. One of the best ways to get your CLA is through **Max CLA**.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MAX CLA

CONJUGATED LINOLEIC ACID

Dual Isomer Formula

- Supports Healthy Body Composition[†]
- Enhances Metabolic Rate and Immune Function[†]
- Stimulant Free

DIETARY SUPPLEMENT • 180 SOFTGELS

Directions: As a dietary supplement take two softgels three times per day.

Supplement Facts

Serving Size: 2 Softgels
Calories: 18

Servings Per Container: 90
Calories From Fat: 18

	Amount Per Serving	% DV*
Total Fat	2 g	3%
(1,500 mg conjugated linoleic acid from 2,000 mg safflower oil containing 80% CLA)		
Conjugated Linoleic Acid	1,500 mg	**
Safflower Oil Base	500 mg	**

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

**Daily Value not established

Other Ingredients: Softgel consists of gelatin, glycerin, water.

Manufactured in a cGMP facility that processes milk, egg, fish, Crustacean shellfish, tree nuts, wheat and soybeans.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

To report a serious adverse event, contact:
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