

Egg protein has the highest biological value because of its combination of essential amino acids and sulfur containing proteins, all of which can be used by the body for natural, healthy muscle maintenance. In addition, egg whites are high in protein and contain no cholesterol or fats. This helps you reach your optimal protein absorption without worrying about taking in unwanted components.

**MRM's Natural Egg White Protein** is perfect for all age groups and active lifestyles. It offers a source of protein that is 100% derived from egg albumen. Produced from a superior extraction process, our egg white concentrate provides a foundation of essential amino acids that mixes easily and tastes better than traditional egg white proteins. **Natural Egg White Protein** contains at least 23 grams of protein per serving and NO artificial flavors, colors, or sweeteners.

- **Promotes Natural, Healthy Muscle Maintenance\*\***
- **No Artificial Flavors, Colors, or Sweeteners**
- **No Cholesterol or Fats**

\*\* This statement has not been evaluated by the Food and Drug Administration (FDA).  
This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot #: (See Bottom)  
Best if used by: (See Bottom)

Formulated by & Manufactured by:  
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NATURAL

# Egg White PROTEIN

- NO ARTIFICIAL FLAVORS OR SWEETENERS •
- HORMONE FREE AND ANTIBIOTIC FREE •



FITNESS\*\*



RECOVERY\*\*



STRENGTH\*\*



GLUTEN-FREE

DIETARY SUPPLEMENT  
NET WT 24OZ (680G)

CHOCOLATE

MIXES INSTANTLY  
20 SERVINGS

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**Directions:** Add one slightly heaping scoop to 12oz of water, skim milk, whole milk or your favorite beverage and shake or blend for 30-60 seconds. Use one serving daily to add protein to your diet.

## Supplement Facts

Serving Size 1 Scoop (approx. 33 grams)  
Servings Per Container - 20

| Amount Per Serving  |        | % Daily Value* |
|---------------------|--------|----------------|
| Calories            | 100    | 5%             |
| Calories from Fat   | 0      | †              |
| Total Fat           | 0g     | 0%             |
| Saturated Fat       | 0g     | 0%             |
| Trans Fat           | 0g     | †              |
| Cholesterol         | 0mg    | 0%             |
| Sodium              | 370mg  | 15%            |
| Potassium           | 450mg  | 13%            |
| Total Carbohydrates | 1.5g   | 1%             |
| Dietary Fiber       | 0g     | 0%             |
| Sugars              | 0g     | †              |
| Protein             | 23g    | 46%            |
| Vitamin A           | 0 IU   | 0%             |
| Vitamin C           | 0mg    | 0%             |
| Calcium             | 27mg   | 3%             |
| Iron                | 75mcg  | <1%            |
| Riboflavin          | 710mcg | 40%            |
| Phosphorus          | 80mg   | 8%             |

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Instantized Egg Albumen, Natural Chocolate Flavor, Cocoa, Soy Lecithin, Xanthan Gum, Stevia and Digest-All® AP (a vegan enzyme blend).

Contains NO peanut, tree nut, fish, shellfish, wheat, gluten or yeast.

Contains egg and soy.

This product is manufactured in a facility that processes other products and may contain trace amounts of milk.

## Typical Amino Acid Profile Per 33g Serving

|               |        |
|---------------|--------|
| Alanine       | 1410mg |
| Arginine      | 1340mg |
| Aspartic Acid | 2330mg |
| Cysteine      | 630mg  |
| Glutamic Acid | 2970mg |
| Glycine       | 790mg  |
| Histidine     | 530mg  |
| Isoleucine    | 1220mg |
| Leucine       | 1940mg |
| Lysine        | 1450mg |
| Methionine    | 860mg  |
| Phenylalanine | 1340mg |
| Proline       | 880mg  |
| Serine        | 1570mg |
| Threonine     | 1040mg |
| Tryptophan    | 370mg  |
| Tyrosine      | 900mg  |
| Valine        | 1570mg |

• No MSG

• No Aspartame or  
Acesulfame K



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