

Suggested Usage: 1 capsule 2–3 times per day preferably with meals, or as directed by a health professional. Keep out of reach of children.

Scientific research shows that St. John's Wort may lighten mood and support a positive emotional balance.*

St. John's Wort Extract (*Hypericum perforatum*) is standardized to contain 0.3% hypericin.

Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Warning: For occasional use only. May cause drowsiness. Do not drive or engage in activities requiring alertness. Do not take with other sedative medication or alcohol. Do not exceed recommended dose except on the advice of a health professional. Do not take if pregnant or while nursing except on the advice of a health professional. Medication may cause increased photosensitivity, avoid prolonged exposure to sunlight.

Contains no artificial preservatives, color or sweeteners; no dairy, gluten, soy, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

 Recyclable container and label.

LOT & EXPIRY 1.3125" x .25" Single Line

**Purity & Potency
Guaranteed**



St. John's Wort

0.3% Hypericin

300 mg • 180 Capsules

MOOD SUPPORT*



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving
St. John's Wort (<i>Hypericum perforatum</i>), extract (aerial)	300 mg**
Hypericin (0.3%)	900 mcg**

** Daily Value not established.

Other ingredients: Rice powder, gelatin capsule (gelatin, purified water), magnesium stearate (vegetable grade), silica.

