Suggested Usage: 1 capsule 1-3 times per day or as directed by a health professional. Keep out of reach of children.

Natural Factors Sleep Relax Formula is a synergistic blend of calming herbs that help with occasional sleeplessness.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservatives, color or sweeteners; no dairy, gluten, soy, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA

Manufactured by Natural Factors Canada Distributed by NATURAL FACTORS 14224 167th Avenue SE Monroe, WA 98272



Recyclable container and label.





Sleep Relax

with Valerian & Hops

Supplement Facts

Serving Size 1 Capsule

** Daily Value not established

	Amount Per Serving
Valerian (<i>Valeriana officinalis</i>) extract 5:1 (root) Valerenic acids	100 mg* 0.8 mg*
Scullcap (Scutellaria lateriflora) (aerial part)	100 mg*
Passion Flower (Passiflora incarnata) extract 4:1 (flower)	50 mg*
Hops (Humulus lupulus) extract 5:1 (flower)	25 mg*
Hops (Humulus lupulus) powder (flower)	50 mg*

Other ingredients: Gelatin capsule (gelatin, purified water), rice powder,

