Directions: As a dietary supplement, take one capsule daily with food.

### Supplement Facts

Serving Size One Cansule

Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	
Vitamin D (as Cholecalciferol D-3)	250%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2)	5.1 mg300%
Niacin (as Niacinamide)	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	
Folic Acid	800 mcg200%
Vitamin B-12 (as Cyanocobalamin)	
Biotin	300 mcg100%
Pantothenic Acid (as Calcium d-Pantothenate)	30 mg300%
Zinc (as Zinc Citrate)	
Selenium (as Sodium Selenite)	
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Energy	Support	: Ble

Guarana Seed Extract (Paullinia cupana)(Min 22% Caffeir	ne) 100 mg
Coenzyme Q-10 (Natural)	30 ma
Sports & Antioxidant & Immune Protector	3
Elderberry Fruit Extract (Sambucus nigra)	75 ma
Beta 1.3 Glucans Complex (Min 70% Beta 1.3 Glucans) .	60 mg
Echinacea purpurea Root Extract (Min 4% Polyphenols).	40 mg
Bee Propolis	
LAB4 Probiotics	
Lactobacillus acidophilus (CLIL 60)	

Lactobacillus acidophilus (CUL 21) Bifidobacterium bifidum (CUL 20)

Bifidobacterium animalis subsp. lactis (CUI 34)

\* Daily Value not established.

Other Ingredients: Vegetable Cellulose Capsule, Corn Maltodextrin. Silicon Dioxide, Sucrose, Magnesium Stearate, Corn Starch, Medium Chain Triglycerides (Coconut), dl-alpha Tocopherol,

#### What are Probiotics?

Probiotics work to keep a healthy balance of intestinal flora. They reduce the amount of harmful bacteria by replenishing and maintaining the "friendly" hacteria.\*

#### What is GNC Ultra Probiotic Complex 25 plus Energy?

This product has been designed for those who follow active lifestyles. Each capsule combines 25 billion active cultures with guarana and key B-vitamins involved in energy production and carbohydrate metabolism.\*

#### Why take GNC Ultra Probiotic Complex 25 plus Energy?

With the first dose, the clinically studied probiotics in this formula improve the balance of beneficial flora in the digestive tract. This helps to reduce bloating and stomach discomfort, aids in improving regularity, and supports a healthy immune system.\* When left unbalanced, these factors can potentially hinder exercise performance.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# ULTRA 🚄 **PROBIOTIC** COMPLEX

## PLUS ENERGY

**ACTUAL SIZE** 

Each capsule = 22 mg

WARNING: Consult your physician prior to using this product if you are pregnant. nursing, taking medication, or Discontinue use two weeks

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place. For More Information: 1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by: **General Nutrition Corporation** Pittsburgh, PA 15222 Made in the UK

DIETARY SUPPLEMENT

- Replenishes beneficial bacteria important for optimal digestive and immune health.\*
- Provides energy support from guarana and key B-vitamins involved in energy production and carbohydrate metabolism.\*

30 CAPSULES

25 BILLION CFUs



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