



ONCE DAILY
DIETARY SUPPLEMENT



Brewer's Yeast Powder

NATURAL DEBITTERED

Thompson
SINCE 1932

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children.
DIRECTIONS: Use only as directed. Mix 3 rounded tablespoons (30 g) in food or liquid of your choice. Store in a cool, dry place.

Nutrition Facts

Serving Size 3 Rounded Tbsp. (30 g)
Servings Per Container 15

	Amount Per Serving	% Daily Value
Calories	110	
Total Fat	0 g	0%*
Saturated Fat	0 g	0%*
Cholesterol	0 g	0%*
Sodium	85 mg	4%
Potassium	1120 mg	30%
Total Carbohydrate	14 g	5%*
Dietary Fiber	7 g	28%*
Sugars	0 g	†
Protein	14 g	28%*

Iron
Thiamine 40%
Riboflavin 50%
Niacin 60%
Vitamin B-6 50%
Folic Acid 70%
Vitamin B-12 4%
Biotin 8%
10%

Phosphorus 45%
Magnesium 50%
Zinc 45%
Copper 10%

†Not a Significant Source of Vitamin A, Vitamin C or Calcium. ‡Daily Value not established.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.

	Calories 2,000	2,500
Total Fat	Less than 65 g	80 g
Sat. Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Potassium	Less than 3,500 mg	3,500 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Protein	50 g	65 g

Calories per gram	•	Carbohydrates 4	•	Protein 4
Fat 9	•		•	

*Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Brewer's Yeast (*Saccharomyces cerevisiae*).

Our own laboratory analysis guarantees purity and freshness of all THOMPSON® products.

Packaged by weight, not volume. Some settling of contents may occur.

Mfd. by Nutraceutical Corp.

Comments or Questions:

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