

TABLET SIZE

Made in the USA



CODE 2680B

V5

Natural color variations may occur in this product.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially thyroid medications), taking other iodine supplements, or have a medical condition (especially any thyroid disorder). Keep out of reach of children.

Kelp is a large, leafy seaweed belonging to the brown algae family that grows in "forests" in the colder waters of the world's oceans. Kelp has been used for centuries as an important nutritious staple ingredient in Chinese, Japanese, and Korean cuisines. It is also an excellent source of iodine, which has been shown to be essential for healthy thyroid function.*

NOW® Kelp delivers the natural nutrient profile found in Genuine Whole Foods.

SUGGESTED USAGE: As a dietary supplement, take 1 tablet daily with a meal.



Kelp

GREEN SUPERFOOD

150 mcg of Natural Iodine

- Supports Healthy Thyroid Function*
- Easier to Swallow Tablet

200 Tablets

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Iodine (from Kelp) <i>(Laminaria digitata & Ascophyllum nodosum)</i>	150 mcg	100%

Other ingredients: Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Vegetarian Coating.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/2680

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place after opening.

Please Recycle.

