

SUGGESTED USAGE: Add 1 level scoop (33 g) daily to 8 oz. of cold water, milk, or your favorite juice, and blend.

NOW® Whey Protein Concentrate is a high quality protein that is both bioavailable and easily digested. Whey protein has naturally occurring Branched Chain Amino Acids (BCAAs). NOW® Whey Protein Concentrate is ideal for active individuals.

Whey protein is considered to have the highest Biological Value of any protein source – superior in essential amino acid content to beef, milk, casein or soy.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Made in the USA

CODE 2299 V1



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POWER SIZE

No Artificial Ingredients
Mixes Instantly • Ultrafiltered
With Branched Chain Amino Acids

Net Wt. 5 lbs. (2268 g)



Whey Protein Concentrate

Natural Unflavored

Nutrition Facts

Serving Size 1 Level Scoop (33 g)
Servings Per Container about 69

Amount Per Serving

Calories 130 Calories from Fat 20

% Daily Value*

Total Fat 2 g	3%
Saturated Fat 1 g	5%
Trans Fat 0 g	
Cholesterol 50 mg	17%
Sodium 55 mg	2%
Potassium 190 mg	5%
Total Carbohydrate 3 g	1%
Dietary Fiber 0 g	0%
Sugars 1 g	
Protein 24 g	48%

Vitamin A 0%	Vitamin C 0%
Calcium 15%	Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	2,000 Calories	2,500 Calories
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	Less than 3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Ultrafiltered Whey Protein Concentrate (including β -lactoglobulin, α -lactalbumin, immunoglobulins and Serum Albumin) and Soy Lecithin (<1%).

Contains milk and soy.

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 33 g Serving
L-Histidine	528
L-Isoleucine***	1980
L-Leucine***	3399
L-Lysine	3333
L-Methionine	693
L-Phenylalanine	990
L-Threonine	2145
L-Tryptophan	561
L-Valine***	1452
Non-Essential Amino Acids	
L-Alanine	1617
L-Arginine	792
L-Aspartic Acid	3432
L-Cysteine	680
L-Glutamic Acid	5577
Glycine	561
L-Proline	1881
L-Serine	1650
L-Tyrosine	1056

** subject to natural variability

Formulated & Distributed by
NOW FOODS
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www.nowfoodsproducts.com

Not manufactured with wheat, gluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

***Branched Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.

Please Recycle.