



Thompson
SINCE 1932

Multi-Vitamins with Minerals

COMPLETE FORMULA

TWICE DAILY
DIETARY SUPPLEMENT

60 Tablets

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Take two tablets daily, preferably with food. Store in a cool, dry place.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin A (as retinyl palmitate) (fish)	10,000 IU	200%
Vitamin C (as ascorbic acid)	100 mg	167%
Vitamin D (as cholecalciferol) (D-3) (fish)	400 IU	100%
Vitamin E (as natural source d-alpha tocopheryl succinate)	3 IU	10%
Thiamine (as thiamine HCl) (B-1)	5 mg	333%
Riboflavin (B-2)	4 mg	235%
Niacin (as niacinamide) (B-3)	40 mg	200%
Vitamin B-6 (as pyridoxine HCl)	<1 mg	25%
Folic Acid	400 mcg	100%
Vitamin B-12 (as cyanocobalamin)	8 mcg	133%
Pantothenic Acid (as calcium pantothenate)	4.6 mg	46%
Calcium (as calcium phosphate)	176 mg	17%
Iron (as ferrous fumarate)	20 mg	112%
Phosphorus (as calcium phosphate)	130 mg	13%
Iodine (as kelp)	150 mcg	100%
Magnesium (as magnesium oxide)	8 mg	2%
Zinc (as zinc gluconate)	<1 mg	3%
Copper (as copper gluconate)	<1 mg	10%
Manganese (as manganese gluconate)	3.5 mg	175%
Choline Bitartrate	42 mg	*
Alfalfa Leaf	4 mg	*
Beef Liver (Freeze Dried)	200 mcg	*

*Daily Value not established.

Other Ingredients: Cellulose, stearic acid, silica and gelatin.

Our own laboratory analysis guarantees purity and freshness of all Thompson® products.

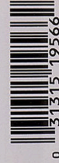
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Comments or Questions:

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