

THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**WARNING: NEVER EXCEED RECOMMENDED DOSAGE**

Read the entire label before use and follow directions. Use at your own risk. KEEP OUT OF REACH OF CHILDREN. Do not use if you are pregnant or nursing. Not intended for use by persons under the age of 18. Zinc supplementation can cause a copper deficiency. Consult a health care practitioner prior to use if you have diabetes. Consult a physician before using this product if you have been treated for, or diagnosed with, or have a family history of any medical condition. Consult a physician before using this product if you are taking any over-the-counter or prescription medication. If you are under medical supervision, consult with your physician before use. Use only as directed. Do not exceed recommended serving, as improper use of this product does not enhance results. Do not use if the inner safety seal on this package has been broken.

**SHREDZ**  **DIETARY SUPPLEMENT**  
**295.5G**

# BCAA + GLUTAMINE

B U I L D I N G   A N D   R E C O V E R Y   C O M P L E X

Directions: Take 1 scoop mixed with water during or post workout

**FRUIT PUNCH**



**WWW.SHREDZ.COM**

## Supplement Facts

Serving Size: 1 Scoop (9.85g)  
Servings Per Container: 30  
Total Weight: 295.5 grams

|                                          | Amount Per SRV | % DV * |
|------------------------------------------|----------------|--------|
| Calories                                 | 0              |        |
| Carbohydrates                            | 0g             |        |
| Sugar                                    | 0g             |        |
| Leucine                                  | 3200mg         |        |
| Iso-Leucine                              | 800mg          |        |
| Valine                                   | 800mg          |        |
| Glutamine                                | 2000mg         |        |
| Magnesium Bisglycinate Chelate (TRAACS®) | 500mg          |        |
| CLA Powder                               | 400mg          |        |
| Calcium Bisglycinate Chelate (TRAACS®)   | 400mg          |        |
| Green Tea Extract                        | 200mg          |        |

Other Ingredients: Natural and Artificial Flavors, Citric Acid, Sucralose, Red Beet Powder (For Color), Silicon Dioxide

\*Percentage Daily Value Not Established  
TRAACS is a registered trademark of Albion Laboratories, Inc.



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