Recommended Use:

Take 2 capsules with 8-12 ounces of water 1-2 hours before bedtime

The statements made hereon have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed By: Synergistic Nutritional Compounds Orem UT. 84057 U.S.A.

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WARNING: Do not exceed recommended use. AmbiSilm should not be taken with alcohol. Do not drive or operate heavy machinery after taking AmbiSilm. Do not take while pregnant or nursing. Keep out of reach of children. Discontinue use two weeks prior to surgery.

60 Capsules Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

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|---|-----------------|------|
| Amount Per Serving | | % DV |
| Vitamin C (as Ascorbic Acid) | 60mg | 100% |
| Vitamin D3 (as Cholecalciferol) | 800 IU | 200% |
| Chromium (as Chromax®, Chromium Picolinate | 60mcg | 50% |
| Chromax* | 500mcg | * |
| GABA (Gamma-Aminobutyric Acid) | 500mg | |
| Irvingia Gabonensis (7% Albumins) | 300mg | |
| Magnolia Bark Extract (2% Honokiol |) 150mg | |
| Phellodendron Amurense Bark Extra | act 150mg | * |
| Melatonin | 2.5mg | |
| LactoSpore® (Lactobacillus Sporogenes) | 100 Million CFU | • |
| | | |

* Daily Value not established

Other Ingredients: Gelatin, Silicon Dioxide