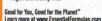
More ALA Omega-3 than fish or flax. Chia seeds may be one of the richest natural sources of ALA Omega-3s on the planet. They're a more sustainable source, too. Chia seeds, a gift from the Creator, are known to be a vital source of nourishment. Chia seed Omega-3s support a healthy Omega-3-to-6 ratio, helping to balance the typical

CHIA OMEGA" + Enzymes is one of the first Omega-3 supplements to combine cold-pressed Chia seed oil with lipase. Our plant-sourced lipase supports the healthy digestion of dietary fats.\* Omega-3s are known to support cardiovascular and joint health, as well as health cognition.\*

. FISH FREE - NO after-taste or fishy burps

excess Omega-6 in modern foods \*

- Sustainable source
- Vegan and cruelty-free





These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diag-

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nose, treat, cure or prevent any disease.

ESSENTIAL FORMULAS

## OMEGA

PROMOTES HEALTHY DIGESTION OF DIETARY FATS\* SUPPORTS CARDIOVASCULAR AND JOINT HEALTH\*

ESSENTIAL FATTY ACID [EFA] . NATURE'S ALTERNATIVE TO FISH OIL" **DIETARY SUPPLEMENT • 60 VEGAN SOFTGELS** 

## **Supplement Facts**

Amount Per Serving % Daily Value**		
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	-
Omega 3 Fatty Acid		
Alpha Linolenic Acid (ALA)	1,050 mg	t
Omega 6 Fatty Acid		
Linoleic Acid (LA)	308 mg	t
Omega 9 Fatty Acid		
Oleic Acid (OA)	108 mg	+

† Daily Value not established \*\* % Daily Values are based on a 2000 calorie diet

Lipase enzymes

24 mg

vegetable glycerin, purified water, sorbitol, carrageenan, silicon

Suggested Use: Take 2 softgels daily, with or without food.

Keep out of reach of children. If you are

pregnant, nursing, on medication or have any medical condition consult a qualified health care professional before using this product or any other dietary supplement.