

THE SCIENCE BEHIND THE SIZE:

- **PRODUCT:** a quick acting highly-concentrated liquid energy source containing medium-chain triglycerides (MCTs) and emulsified natural vitamin E.
- **RESULT:** reduces muscle protein breakdown and promotes fat loss.*
- **SCIENCE:** research shows that MCTs provide more than twice the energy power of carbohydrates and protein. MCT Fuel can be used as an alternative to high carbohydrate energy drinks for those bodybuilders on low-carbohydrate, high protein diets.*

Unless recommended by a health care professional, not intended for use by individuals under the age of 18.

**KEEP OUT OF REACH OF CHILDREN.
SHAKE WELL BEFORE USE**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

TWINLAB®

MCT FUEL®

EMULSIFIED MCT

Definition

dietary supplement



ORANGE
100% natural flavor

16 FL OZ (474mL)

Supplement Facts

Serving Size 2 Tablespoonfuls (30 mL)
Servings Per Container 16

Amount Per Serving		% DV
Calories	130	
Calories from Fat	80	
Total Fat	9 g	14%*
Saturated Fat	9 g	45%
Trans Fat	0 g	†
Cholesterol	0 mg	0%*
Total Carbohydrate	12 g	4%*
Vitamin A (100% from beta-carotene)	500 IU	10%
Vitamin E (from d-alpha tocopherol and mixed tocopherols)	100 IU	333%
Medium Chain Triglycerides (60% caprylic and 40% capric acid)	8 g	†

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established

OTHER INGREDIENTS: Filtered Water; Glycerin; Sorbitol; Soy Lecithin; Cellulose; Orange Flavors; Xanthan Gum; Alpha Tocopherol; Ascorbyl Palmitate.

DIRECTIONS: As a dietary supplement, take 2 tablespoonfuls 2 to 4 times daily, either undiluted by the tablespoonful or mix with your favorite beverage. For best results, take 2 tablespoonfuls before exercise, and use as part of a low-fat diet and exercise program.

Best if used by date shown on bottle.

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