

Suggested Usage: 2 softgels, 30–45 minutes before bedtime or as directed by a health professional. Keep out of reach of children.

Tranquil Sleep formula provides a unique combination of natural compounds that support relaxation and enhance sleep quality.* In an easy-to-swallow softgel that is enteric coated to minimize any possible gastric discomfort.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservatives, color or sweeteners; no dairy, gluten or wheat. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
14224 167th Avenue SE,
Monroe, WA 98272

**Purity & Potency
Guaranteed**

 Recyclable container and label.

LOT & EXPIRY 1.3125" x .25" Single Line

Stress-Relax

Tranquil Sleep

Easy-to-Swallow Softgels

5-HTP, Suntheanine® & Melatonin



Recommended by Dr. Michael Murray

90 Enteric
Coated Softgels

**natural
Factors**

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

	Amount Per Serving
Suntheanine® L-Theanine	200 mg**
5-Hydroxytryptophan (5-HTP) (<i>Griffonia simplicifolia</i>) (seed)	30 mg**
Melatonin	3 mg**
** Daily Value not established.	

Other ingredients: Softgel capsule (gelatin, glycerin, purified water), aqueous coating solution (ethylcellulose, medium chain triglycerides, oleic acid, sodium alginate, stearic acid), organic flaxseed oil, yellow beeswax, sunflower lecithin (non-GMO).

Suntheanine® is a registered trademark of Taiyo International, Inc.

