

**TWINLAB CHOLINE COCKTAIL™ ENERGY DRINK** contains a state-of-the-art mixture of choline synergistically combined with DMAE, Ginkgo Biloba Extract, vitamins, minerals, antioxidants and herbs. Also, **CHOLINE COCKTAIL™** contains fructose (a natural sweetener).

**DIRECTIONS:** As a dietary supplement, for best results, take 1 serving upon awakening in the morning in place of coffee. Do not exceed 2 servings per day. Simply add 4 tablespoonfuls to 8 fl. oz. of cold water. Stir and serve. It may also be mixed for 10 seconds in a blender with crushed ice. Keep tightly closed in a cool, dry place. Do not refrigerate.

**WARNING:** Diabetics may use only under a physician's supervision, as this product contains chromium picolinate which may enhance insulin sensitivity. Discontinue use of this product at least 2 weeks prior to any surgery. Guarana extract contains caffeine and should not be taken by those wishing to eliminate caffeine from their diet.

Contains pure crystalline nutrients. No preservatives, artificial colors or flavors.

Packaged in a glass bottle for maximum stability, quality and freshness.

This product is sold by weight only, not by volume.

Some settling may occur in shipping and handling.

Best if used by date shown on bottle.

**KEEP OUT OF REACH OF CHILDREN.**

Best if used by date shown on bottle.

**MANUFACTURED BY IDEASPHERE INC.**  
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**TWINLAB®**

# CHOLINE COCKTAIL™

*Energy Drink With DMAE  
& Ginkgo Biloba  
DIETARY SUPPLEMENT*

**Powder**

**NET WT. 13.33 oz (378 g)**

## SUPPLEMENT FACTS

Serving Size 4 Tablespoons (42 g)

Servings Per Container 9

Amount Per Serving		%DV
Calories	130	
Total Carbohydrate	32 g	11%*
Sugars	7 g	†
Vitamin A (as beta carotene)	11000 IU	220%
Vitamin C (as ascorbic acid)	1000 mg	1667%
Vitamin E (as d-alpha tocopheryl acetate)	400 IU	1333%
Thiamin (as thiamin mononitrate)	1.5 mg	100%
Riboflavin	1.9 mg	112%
Niacin (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	1000 mcg	16667%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	100 mg	1000%
Chromium (as chromium picolinate)	100 mcg	83%
Choline (as choline dihydrogen citrate)	1500 mg	†
Guarana Seed Extract (22% caffeine, 165mg)	750 mg	†
DMAE (2-dimethylaminoethanol bitartrate)	100 mg	†
L-Carnitine	100 mg	†
Ginkgo Biloba Leaf Extract (standardized for 24% ginkgo flavone glycosides and 6% terpene lactones)	60 mg	†
Co-Enzyme Q10	15 mg	†

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

**OTHER INGREDIENTS:** Maltodextrin, fructose, citric acid, silica, orange flavor, stevia leaf extract, soy lecithin.