Recommended Use:

Take 2 capsules 1-2 hours before bedtime. Take with 8-12 ounces of water.

Do not exceed recommended use. As with any dietary supplement or vitamin, consult with your physician before using, NOT to be sold to, or used, by persons under 18 years of age.

The statements made hereon have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure. or prevent any disease.

Distributed by: Advantage Nutraceuticals Orem, UT 84057 U.S.A. © 2013 Advantage Nutraceuticals, LLC



No. 745-9035468-2







Ingredient Highlights:

GABA	500mg
Irvingia Gabonensis	300mg
Chromax®	500mcg

Dietary Supplement | 60 Capsules

Apidextra Research Laboratories

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving		% E
Vitamin C (as Ascorbic Acid)	60ma	100
Vitamin D3 (as Cholecalciferol)	800 IU	200
Chromium (as Chromax®, Chromium Picolinate	60mcg	50
Chromax®	500mcg	
GABA (Gamma-Aminobutyric Acid)	500mg	
Irvingia Gabonensis (7% Albumins)	300mg	
Magnolia Bark Extract (2% Honokiol) 150mg	
Phellodendron Amurense Bark Extra	ct 150mg	
Melatonin	2.5mg	
LactoSpore®	100 Million CFU	

(Lactobacillus Sporogenes) * Daily Value not established

Other Ingredients: Gelatin, Silicon Dioxide

Rev 2001 Made In