

PROTOCOL

FOR LIFE BALANCE®

SUGGESTED USAGE: Add 1 level scoop (38 g) daily to 10 oz. of cold water, juice, or your favorite beverage, and blend; or use as directed by your healthcare practitioner.

HOW IT WORKS: Protocol for Life Balance® Plant Protein Complete is specifically formulated to provide a potent source of plant protein that is both easy to digest and abundant in amino acids. Our proprietary blend consists of non-GMO vegan protein from Pea, Brown Rice, Hemp and Quinoa sources. Each 1 scoop serving provides 22 grams of protein, and has more than 3,500 mg of branched chain amino acids and 1,500 mg of L-Arginine. Naturally sweetened with xylitol and stevia extract with a hint of natural vanilla, Protocol for Life Balance® Plant Protein Complete tastes great and mixes easily.

Formulated by doctors and clinical scientists exclusively for licensed healthcare practitioners.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Plant Protein Complete

Natural Vanilla Flavor

Non-GMO, 22 g Protein
Vegan Protein Blend of
Pea, Brown Rice, Hemp, Quinoa
No Soy, No Dairy

Net Wt. 2 lbs. (907 g)



Nutrition Facts

Serving Size 1 Level Scoop (38 g)
Servings Per Container about 24

Amount Per Serving	
Calories 130	Calories from Fat 20
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 360 mg	15%
Potassium 150 mg	4%
Total Carbohydrate 7 g	2%
Dietary Fiber 2 g	8%
Sugars < 1 g	
Xylitol 2 g	
Protein 22 g	44%

Vitamin A 0% • Vitamin C 0%
Calcium 2% • Iron 35%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	2,000 Calories	2,500 Calories
Total Fat	65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	Less than 3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Protein	50g	65g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Non-GMO Plant Protein Blend (Yellow Pea Protein Isolate, Sprouted Brown Rice Protein Concentrate, Hemp Protein, Quinoa Protein), Natural Flavors, Xylitol, Organic Stevia Extract, Xanthan Gum and Purified Stevia Extract.

Formulated & Distributed by
Protocol For Life Balance®
395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA
www.protocolforlife.com/P2129

Typical Amino Acid Profile (example) (per serving)**

Essential Amino Acids	mg Per 38 g Serving
L-Histidine	544
L-Isoleucine***	997
L-Leucine***	1834
L-Lysine	1615
L-Methionine	213
L-Phenylalanine	1203
L-Threonine	856
L-Tryptophan	196
L-Valine***	1087
Non-Essential Amino Acids	
L-Alanine	906
L-Arginine	1875
L-Aspartic Acid	2559
L-Cysteine	331
L-Glutamic Acid	3930
Glycine	912
L-Proline	960
L-Serine	1143
L-Tyrosine	824

** subject to natural variability

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

***Branched Chain Amino Acids

This product is sold by weight not volume.

Store in a cool, dry place after opening.

Please Recycle.

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