



ONCE DAILY
DIETARY SUPPLEMENT

60 Capsules

STANDARDIZED EXTRACT

Valerian
50 mg

SINCE 1932

Thompson
1899
1932

WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. May cause drowsiness; do not use while driving or operating heavy equipment.

Directions: Use only as directed. Take one capsule up to two times daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Valerian (<i>Valeriana officinalis</i>) (root)	230 mg	*
Valerian (<i>Valeriana officinalis</i>) (root extract) (Guaranteed 0.8% [400 mcg] Valerenic Acid)	50 mg	*

*Daily Value not established.

Other Ingredients: Gelatin (capsule).

Discussion: Valerian is intended to provide nutritive support for normal, restful sleep.

Our own laboratory analysis guarantees purity and freshness of all Thompson® products.

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www.nutraceutical.com

Comments or Questions:

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